



**Western Foothills  
Regional School Unit No. 10  
799 Hancock Street, Suite 1  
Rumford ME 04276  
Central Office 207-369-5560  
Fax 207-562-7059**

Buckfield, Hanover, Hartford, Mexico, Roxbury, Rumford, Sumner

**Deborah Alden  
Superintendent of Schools**

**Matthew Gilbert  
Assistant Superintendent**

**Leah Kaulback  
Business Manager**

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Friday, March 15, 2023

Dear Middle School Families,

The RSU 10 Equity Committee will be providing a Social Responsibility Day to students in grades 5-8 on March 29th. This will be held at Mountain Valley Middle School and will be a schoolwide event. We have many presenters coming to talk about topics such as healthy relationships, building community, well-being and wellness, mental health awareness, gender equity and more! We will start with a keynote speaker and then students will be attending 4-5 sessions throughout the day. We are excited about offering this opportunity to our students!

If you have any questions please feel free to contact Carrie Luce at [cluce@rsu10.org](mailto:cluce@rsu10.org).

Thank you,

Social Responsibility Day Committee