## Mountain Valley Middle School 58 Highland Terrace Mexico, ME 04257 (207) 364-7926



## Carolyn Luce, Principal

## **Brenna Parent, School Counselor**

Wednesday December 13, 2023

Dear MVMS Families,

In order to maintain a safe environment for your children to learn, it is necessary that we practice our emergency and crisis response plans, by conducting fire and safety drills. These drills exercise our procedures to better prepare staff and students for emergency situations. MVMS will be conducting an ALICE drill within the next week. ALICE (Alert, Lockdown, Inform, Counter, and Evacuate. ALICE) is active threat response training that is delivered with a trauma-informed approach, in an age-appropriate way. ALICE training at the middle school level is designed to prepare children for unsafe situations, using language that takes their age into consideration. Although these drills might be uncomfortable and perhaps scary, talking about and practicing our safety procedures with our students is necessary for the safety of our school. I have worked closely with RSU 10 School Resource Officer, Doug Maifeld, to plan the drill. We will have time to debrief with our students following the drill, and we will have our school counselor and social worker available for any students who require additional support. If you have any questions, please don't hesitate to reach out; the safety and well-being of your children is our number one priority.

Sincerely,

Carrie Luce

Principal | Mountain Valley Middle School

**RSU 10**