

OCTOBER 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 BISCUIT N GRAVY CREAMED CHICKEN /BISCUIT MIXED VEGGIES STRAWBERRIES	3 WAFFLES/EGG PATTY CRISPIITOS LET/TOM BAKED BEANS MIXED FRUIT COOKIE	4 FRENCH TOAST BR CHICKEN PATTY/BUN CARROTS GRAPES	5 SCRAMBLED EGGS / TOAST MEATBALLS GARLIC NOODLES BROCCOLI PEACHES SNACK MIX	6 PANCAKES/SAUSAGE TAVERN/BUN CORN MANDARIN ORANGES
9 BREAKFAST PIZZA MAC N BEEF BROCCOLI MELON MIX CARROT CAKE	10 WAFFLES/EGG PATTY SUPER NACHOS LET/TOM REFRIED BEANS PEARS COOKIE	11 FRENCH TOAST PEPPERONI PIZZA CARROTS APPLESAUCE	12 EGG WRAP ORANGE CHICKEN RICE STIR FRY VEGGIES PINEAPPLE FORTUNE COOKIE	13 PANCAKES/SAUSAGE SHRIMP POPPERS POTATO WEDGE STRAWBERRIES
16 DONUT OR BAGEL GOULASH PEAS PEARS FRENCH CHEESE BREAD	17 WAFFLES/EGG PATTY ENCHILADA LETTUCE PINEAPPLE	18 FRENCH TOAST CHICKEN STRIPS SWEET POTATO FRIES WATERMELON	19 EGG PATTY/TOAST PORK PATTY MASHED POTATOES MANDARIN ORANGES ROLL	20 PANCAKES/SAUSAGE CHILI SOUP CINNAMON ROLL PEACHES
23 NO SCHOOL	24 WAFFLES/EGG PATTY CALZONES LETTUCE CORN PINEAPPLE	25 FRENCH TOAST SCALLOPED POTATOES /HAM CARROTS MIXED FRUIT FRENCH CHEESE BREAD	26 OMELET/TOAST CHICKEN NUGGETS MASHED POTATOES/GRAVY CHERRIES	27 NO SCHOOL
30 BISCUIT/GRAVY CHICKEN ALFREDO PEAS APPLE CRISP	31 WAFFLES EGG PATTY MCRIB/BUN GREEN BEANS GRAPES CHOCOLATE CHIP COOKIE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER		ALL BREAKFAST IS SERVED WITH FRUIT, MILK AND JUICES
ALL MENUS SUBJECT TO CHANGE OR ALTERED TO FIT MEAL PATTERN REQUIREMENTS				ALL LUNCHES SERVED WITH MILK AND FRUIT & VEGETABLE ANY MENU CONCERNS PLEASE CONTACT TAUNIA PRY FSD 712 372 4656 ext. 1234 tpry@rvwolverines.org



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