

HIGH SCHOOL



LAMESA • High School • March 18 – May 23

Menu is subject to change without notice and is based on availability and seasonality of food items. *Breakfast items are listed in orange italics.*
EVERYDAY BREAKFAST OPTION: Cereal: choice of Honey Nut Cheerios, Cocoa Puffs, Lucky Charms, or Cinnamon Toast Crunch Lunch entrée choices are listed below in bold type. Sides are listed in italics below the calendar.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<i>Blueberry Muffin Top Egg & Sausage Biscuit</i> Fish Melt Sandwich BBQ Riblet Sandwich Ham & Mozzarella Salad & Roll	<i>French Toast Sticks</i> <i>Cheesy Scrambled Eggs & Sausage</i> Doritos Nacho Chee Walkin' Taco Chicken Nuggets w/Roll Meatball & Parm Sub Melt Spicy Chicken Mole Tacos LTO	<i>Sausage Biscuit</i> <i>Yogurt & Grahams</i> Chicken Alfredo Penne Pasta Bake & Garlic Toast Grilled Cheese Chicken Nacho Salad & Roll	<i>Chocolate Crescent Mini Pancake & Sausage Bites</i> Thai Chicken & Rice Bowl Meatball & Parmesan Sub Melt Santa Fe Turkey Wrap	<i>Cheesy Scrambled Eggs w/Bacon & Toast</i> <i>Cinnamon Breakfast Round</i> BuffChicken Mac & Cheese w/Parm&BkPepper Flatbread Chicken Nuggets w/Roll PopChicken & Cheese Salad w/Roll
Student <i>estudiantes</i> no charge					
Faculty <i>facultad</i> \$3.25					
LUNCH	<i>Chicken Biscuit Melt</i> <i>Grape-filled Crescent</i> Chicken LoMein Ham, Turkey & Swiss Cheese Sub Ham Chef Salad w/Roll	<i>Blueberry Muffin</i> <i>Cinnamon Roll</i> Buffalo Chicken & Fries Bowl w/Flatbread Hot Dog Grilled Cheese	<i>Powdered Sugar Donut</i> <i>Egg, Ham & Cheese</i> <i>TaterTot Taco</i> Chicken Fried Steak & Country Gravy w/Roll Turkey & Provolone Wrap Chicken Nacho Salad w/Roll	<i>Breakfast Sausage Pizza</i> <i>Cocoa Puff Pastry</i> Waffle & Syrup w/Sausage Links Chicken Nuggets w/Roll Ham, Turkey & Swiss Sub	SCHOOL HOLIDAY
Student <i>estudiantes</i> no charge					
Faculty <i>facultad</i> \$5.00					
Check out the Daily Special for the Faculty/Staff.					
À la Carte item prices are posted at the schools.					
This institution is an equal opportunity provider.					
EVERYDAY SIDES (available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Banana • Broccoli fresh/steamed • Celery Sticks • Diced Peaches • Diced Pears • Emoji Potato Rounds • Golden Corn • Green Beans • Kickin' Pinto Beans • Mashed Potatoes • Mixed Fruit • Pear • Red Pepper Strips • Refried Beans • Romaine Side Salad • Sliced Tomatoes • Apple Juice • Fruit Juice • Orange Juice					
MILK 1% White Milk Skim Chocolate Milk					
EVERYDAY LUNCH OPTION: PB&J Sandwich					
WHEN THIS SYMBOL IS ON THE MENU, BREAKFAST 4 LUNCH! IS AN OPTION FOR YOU					
MY SCHOOL BUCKS ADD MONEY TO YOUR ACCOUNT: Online & Mobile app Convenient to monitor spending, add funds and more!					
GRILL	Breaded Chicken Sandwich Hamburger/Cheeseburger	Spicy Chicken Sandwich Hamburger/Cheeseburger	Breaded Chicken Sandwich Hamburger/Cheeseburger	Spicy Chicken Sandwich Hamburger/Cheeseburger	Breaded Chicken Sandwich Hamburger/Cheeseburger
SPECIALTY	Pizza: Cheese/Pepperoni	MEXICAN FOOD BAR featured entrée rotates each week: quesadilla, tacos, burrito, taco-to-go	Pizza: Cheese/Pepperoni	NACHO BAR	Pizza: Cheese/Specialty Slice

LAMESA ISD
2023/2024

BREAKFAST
Student *estudiantes* no charge
Faculty *facultad* \$3.25

LUNCH
Student *estudiantes* no charge
Faculty *facultad* \$5.00

Check out the Daily Special for the Faculty/Staff.

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EVERYDAY SIDES

(available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Banana • Broccoli fresh/steamed • Celery Sticks • Diced Peaches • Diced Pears • Emoji Potato Rounds • Golden Corn • Green Beans • Kickin' Pinto Beans • Mashed Potatoes • Mixed Fruit • Pear • Red Pepper Strips • Refried Beans • Romaine Side Salad • Sliced Tomatoes • Apple Juice • Fruit Juice • Orange Juice

MILK 1% White Milk
Skim Chocolate Milk

EVERYDAY LUNCH OPTION: PB&J Sandwich

WHEN THIS SYMBOL IS ON THE MENU, **BREAKFAST 4 LUNCH!** IS AN OPTION FOR YOU

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GRILL
Breaded Chicken Sandwich
Hamburger/Cheeseburger

SPECIALTY
Pizza: Cheese/Pepperoni

LIMITED TIME OFFER
When you see this symbol on the menu—check out a NEW MENU ITEM!
LTO

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

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STUDENT NUTRITION

SUMMER SCHOOL:
May 29–June 24
Breakfast & Lunch for all students in school; available for all students/kids under the age of 18—more details in MAY.