



# SOUTH



## LAMESA • ELEMENTARY • March 18 – May 23

Menu is subject to change without notice and is based on availability and seasonality of food items. *Breakfast items are listed in orange italics.*  
Lunch entrée choices are listed below in bold type. Sides are listed in italics below the calendar. **EVERYDAY LUNCH OPTION:** Peanut Butter & Jelly Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Blueberry Muffin • Apple String Cheese • Apple Juice</i> Chicken Nuggets & Roll Corn Dog Chicken & Mozzarella Salad w/ Roll	<i>Honey Nut Cheerios Pretzels • Orange • Fruit Juice</i> MaxSnax Cheese Pizza Chicken Fajita Ham, Turkey & Swiss Sub <b>LTO</b> Spicy Chicken Mole Tacos	<i>Sausage Biscuit</i> <i>Apple • Orange Juice</i> Chicken Alfredo Penne Pasta Chicken Sandwich Chicken Nacho Salad & Roll	<i>Chocolate Crescent</i> <i>Orange • Fruit Juice</i> Thai Chicken & Rice Bowl Beefy Nachos Turkey & Cheese Wrap	<i>Lucky Charms Cereal</i> <i>String Cheese</i> <i>Banana • Apple Juice</i> 4Cheese or Pepperoni Pizza Hamburger / Cheeseburger Ham Pizza Salad & Roll
<i>Maple Sausage Pancake</i> <i>Wrap on a stick</i> <i>Apple • Fruit Juice</i> Baked Potato w/Chili & Cheese & Roll Grilled Cheese Ham Chef Salad w/Roll	<i>Lucky Charms Cereal</i> <i>String Cheese • Orange</i> Nacho Cheese Doritos Top-n-Go Taco Pizza Maxx Sticks & Marinara Turkey & Cheese Sub	<i>Breakfast Sausage Pizza</i> <i>Apple • Orange Juice</i> Chicken Fried Steak w/Country Gravy & Roll Chicken Sandwich Ham, Turkey & Cheese Sub	<i>Maple Madness Waffle</i> <i>Orange • Fruit Juice</i> Waffle & Syrup & Sausage Links Chicken Tenders & Breadstick Ham & Cheese Sandwich	<b>SCHOOL HOLIDAY</b>
<b>Grab n' Go!</b> Breakfast & Lunch ALL STUDENTS pick-up 10A-12NOON at either Middle or High School REMOTE CONTACT DAY	<i>Mini Cinnamon Rolls</i> <i>Orange • Apple Juice</i> Beef Soft Tacos MaxSnax Cheese Pizza Hamburger/Cheeseburger Turkey & Cheese Sub PB&J Sandwich <b>National PB&amp;J Day</b>	<i>Country Chicken Biscuit</i> <i>Apple • Orange Juice</i> Country PopChicken & Potato Bowl w/Roll Grilled Ham & Cheese Ham & Turkey Chef Salad w/Roll	<i>Mini Blueberry Waffles</i> <i>String Cheese • Orange</i> <i>Fruit Juice</i> Nacho Cheese Doritos Top-n-Go Taco Chicken Sandwich Bean & Cheese Burrito <b>National Burrito Day</b>	<i>Honey Nut Cheerios</i> <i>Animal Crackers</i> <i>Banana • Apple Juice</i> Pepperoni or 4Cheese Pizza Pizza Maxx Sticks & Marinara PopChicken Salad & Roll
<i>Lucky Charms Cereal</i> <i>Animal Crackers • Apple</i> <i>Apple Juice</i> Chicken Fried Steak & Roll Chicken, Bean & Cheese Burrito Ham & Cheese Sub	<i>ChocChip Chocolate Muffin</i> • <i>String Cheese</i> <i>Orange • Fruit Juice</i> Chicken Alfredo Penne Pasta MaxSnax Cheese Pizza Chicken Nacho Salad & Roll	<i>Egg &amp; Sausage Biscuit</i> <i>Apple • Orange Juice</i> Chicken & Veggie Dumplings & Egg-Fried Rice Hamburger / Cheeseburger Turkey & Cheese Sub	<i>Apple Frudel</i> <i>Orange • Fruit Juice</i> French Toast Sticks w/Syrup & Sausage Chicken Sandwich Popcorn Chicken Salad & Roll	<i>Cocoa Puffs Cereal</i> <i>String Cheese • Banana</i> <i>Apple Juice</i> <b>EARLY RELEASE</b>
<i>Maple Sausage Pancake</i> <i>Wrap on a stick</i> <i>Apple • Apple Juice</i> Mini Corn Dogs Hamburger Ham Chef Salad & Roll	<i>CinnaToast Crunch Cereal</i> <i>Goldfish Grahams</i> <i>Orange • Fruit Juice</i> Cheese Enchilada & Spanish Rice MaxSnax Cheese Pizza Turkey & Cheese Sub <b>Fiery Jalapeno Cheddar Burger</b> <b>LTO</b>	<i>Breakfast Bacon Pizza</i> <i>Apple • Orange Juice</i> Country PopChicken & Potato Bowl w/Roll Chicken Sandwich Turkey Chef Salad & Roll	<i>Maple Madness Waffle</i> <i>Orange • Fruit Juice</i> BBQ Chicken Sandwich Beefy Nachos Chicken Nuggets & Roll Ham & Cheese Sub	<i>Honey Nut Cheerios</i> <i>Goldfish Grahams</i> <i>Banana • Apple Juice</i> 4Cheese or Pepperoni Pizza Pizza Maxx Sticks & Marinara Chicken & Cheese Salad & Roll
<i>Blueberry Muffin • Apple</i> <i>String Cheese • Apple Juice</i> Chicken Nuggets & Roll Corn Dog Chicken & Mozzarella Salad w/ Roll	<i>Honey Nut Cheerios</i> <i>Pretzels • Orange</i> <i>Fruit Juice</i> MaxSnax Cheese Pizza Chicken Fajita Ham, Turkey & Swiss Sub	<i>Sausage Biscuit</i> <i>Apple • Orange Juice</i> Chicken Alfredo Penne Pasta Chicken Sandwich Chicken Nacho Salad & Roll	<i>Chocolate Crescent</i> <i>Orange • Fruit Juice</i> Thai Chicken & Rice Bowl Beefy Nachos Turkey & Cheese Wrap	<i>Lucky Charms Cereal</i> <i>String Cheese</i> <i>Banana • Apple Juice</i> <b>EARLY RELEASE</b>
<b>Grab n' Go!</b> Breakfast & Lunch ALL STUDENTS pick-up 10A-12NOON at either Middle or High School REMOTE CONTACT DAY	<i>Lucky Charms Cereal</i> <i>String Cheese • Orange</i> Nacho Cheese Doritos Top-n-Go Taco Pizza Maxx Sticks & Marinara Turkey & Cheese Sub	<i>Breakfast Sausage Pizza</i> <i>Apple • Orange Juice</i> Chicken Fried Steak w/Country Gravy & Roll Chicken Sandwich Ham, Turkey & Cheese Sub	<i>Maple Madness Waffle</i> <i>Orange • Fruit Juice</i> Waffle & Syrup & Sausage Links Chicken Tenders & Breadstick Ham & Cheese Sandwich	<i>Cocoa Puffs Cereal</i> <i>String Cheese • Banana</i> <i>Apple Juice</i> 4Cheese or Pepperoni Pizza School Lunch Hero Day! Hamburger / Cheeseburger PopChicken Salad & Roll
<i>Trix Cereal • String Cheese</i> <i>Apple • Fruit Juice</i> Breaded Fish Melt Chicken Nuggets & Roll Ham Chef Salad w/Roll	<i>Mini Cinnamon Rolls</i> <i>Orange • Apple Juice</i> Nacho Cheese Doritos Top-n-Go Taco <b>National Walkin' Taco Day</b> MaxSnax Cheese Pizza Hamburger/Cheeseburger Turkey & Cheese Sub	<i>Country Chicken Biscuit</i> <i>Apple • Orange Juice</i> Country PopChicken & Potato Bowl w/Roll Grilled Ham & Cheese Ham & Turkey Chef Salad w/Roll	<i>Mini Blueberry Waffles</i> <i>String Cheese • Orange</i> <i>Fruit Juice</i> Beef Soft Tacos Chicken Sandwich Ham & Cheese Sub	<i>Honey Nut Cheerios</i> <i>Animal Crackers</i> <i>Banana • Apple Juice</i> Pepperoni or 4Cheese Pizza Pizza Maxx Sticks & Marinara PopChicken Salad & Roll
<i>Lucky Charms Cereal</i> <i>Animal Crackers • Apple</i> <i>Apple Juice</i> Chicken Fried Steak & Roll Chicken, Bean & Cheese Burrito Ham & Cheese Sub	<i>ChocChip ChocMuffin</i> <i>String Cheese • Orange</i> <i>Fruit Juice</i> Chicken Alfredo Penne Pasta MaxSnax Cheese Pizza Chicken Nacho Salad & Roll <b>LTO</b> Tropical Chicken Bowl	<i>Egg &amp; Sausage Biscuit</i> <i>Apple • Orange Juice</i> Chicken & Veggie Dumplings & Egg-Fried Rice Hamburger / Cheeseburger Turkey & Cheese Sub	<i>Apple Frudel</i> <i>Orange • Fruit Juice</i> French Toast Sticks w/Syrup & Sausage Chicken Sandwich Popcorn Chicken Salad & Roll	<i>Cocoa Puffs Cereal</i> <i>String Cheese • Banana</i> <i>Apple Juice</i> Pepperoni or 4Cheese Pizza Pizza Maxx Sticks & Marinara Ham Pizza Salad & Roll
<i>Maple Sausage Pancake</i> <i>Wrap on a stick</i> <i>Apple • Apple Juice</i> Manager's Choice	<i>CinnaToast Crunch Cereal</i> <i>Goldfish Grahams</i> <i>Orange • Fruit Juice</i> Manager's Choice	<i>Breakfast Bacon Pizza</i> <i>Apple • Orange Juice</i> Manager's Choice <b>EARLY RELEASE</b>	<i>Maple Madness Waffle</i> <i>Orange • Fruit Juice</i> Manager's Choice <b>EARLY RELEASE</b>	<b>SUMMER SCHOOL:</b> May 29-June 24 Breakfast & Lunch for all students in school; available for all students/kids under the age of 18—more details in MAY.

### LAMESA ISD 2023/2024

#### BREAKFAST

Student *estudiantes* ..... no charge

Faculty *facultad* ..... \$3.25

#### LUNCH

Student *estudiantes* ..... no charge

Faculty *facultad* ..... \$5.00

Check out the Daily Special for the Faculty/Staff.

A la Carte item prices are posted at the schools.

This institution is an equal opportunity provider.



#### EVERYDAY SIDES

(available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Banana • Broccoli fresh/ steamed • Celery Sticks • Diced Peaches • Diced Pears • Emoji Potato Rounds • Golden Corn • Green Beans • Kickin' Pinto Beans • Mashed Potatoes • Mixed Fruit • Pear • Red Pepper Strips • Refried Beans • Romaine Side Salad • Sliced Tomatoes • Apple Juice • Fruit Juice • Orange Juice

**MILK** 1% White Milk  
Skim Chocolate Milk

**EVERYDAY LUNCH OPTION:**  
PB&J Sandwich



THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

