## **Edgewood City School District**

3500 Busenbark Road, Trenton, OH 45067 (513) 867-3400, Fax: (513) 894-5100 <u>www.edgewoodschools.com</u>

December 1, 2023

Dear Edgewood Community,

In the face of tragedy or crisis affecting our children, it's crucial to approach the situation with empathy and understanding. While each child is unique, there are general guidelines that can assist you in comprehending and responding to their individual needs, behaviors, feelings, and perceptions.

Many of our students at Edgewood High School have worked closely with the crisis team to navigate the grieving process following the loss of a classmate. We'd like to offer you some strategies and resources to help support your students during this difficult time.

- Knowing what to say can be challenging. When words fail, a simple hug can convey comfort.
- Attempt to identify the underlying feelings in your child's actions and help them to articulate them.
- Be honest with your child about the situation. Avoid downplaying its seriousness. Assuring a child, "Don't cry, everything will be okay," may not align with their emotions, and they recognize the immediate future is uncertain.
- Assist your child in finding the right words to communicate with others. They may feel overwhelmed, and suggesting simple, appropriate words can be helpful.

Below is a list of resources in regards to mental health. In addition, there are several local organizations available to provide support for our families and community members. Please click on the link to <u>Butler County Community Resources</u> for more information.

- Mental Health, Addiction & Family Crisis (Text): 844-427-4747
- Access Counseling Services: 513-649-8008
- Butler County Prevention Coalition: 513-896-2355
- Envision Partnerships: 513-868-2100
- Mental Health & Addiction Recovery Services: 513-860-9240
- NAMI of Butler County: 513-860-8386

We understand the importance of coming together as a community during challenging times. If you have any questions or need additional support, please don't hesitate to reach out.

Sincerely,

Kelly Spivey Superintendent