



# APRIL 2024

## RSU 57 Massabesic High School

### Available Daily with Breakfast!

Fruit or Vegetables Options  
Choice of Chilled 100% Juice  
Cold Milk Choice

### Monday

1

#### Main Entree

Choice of Breakfast Sandwich

#### Alternate Entrees

Warm Breakfast Bread  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

### Tuesday

2

#### Main Entree

Cinnamon & Sugar Breakfast Ring

#### Alternate Entrees

Warm Whole Grain Mini Cinnis  
Fruit & Yogurt Smoothie  
Whole Grain/Reduced Sugar Cereal

### Wednesday

3

#### Main Entree

Fresh Made Breakfast Pizza

#### Alternate Entrees

Warm Whole Grain Breakfast Bun  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

### Thursday

4

#### Main Entree

French Toast Bites w/Sausage & Syrup

#### Alternate Entrees

Warm Whole Grain Muffin  
Fruit & Yogurt Smoothie  
Whole Grain/Reduced Sugar Cereal

### Friday

5

#### Main Entree

Choice of Breakfast Sandwich

#### Alternate Entrees

Warm Bagel w/Cream Cheese  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

8

#### Main Entree

Choice of Breakfast Sandwich

#### Alternate Entrees

Warm Breakfast Bread  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

9

#### Main Entree

Warm Fresh Baked Scone

#### Alternate Entrees

Warm Whole Grain Mini Cinnis  
Fruit & Yogurt Smoothie  
Whole Grain/Reduced Sugar Cereal

10

#### Main Entree

Fresh Made Breakfast Pizza

#### Alternate Entrees

Warm Whole Grain Breakfast Bun  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

11

#### Main Entree

Pancake & Sausage on a Stick w/Syrup

#### Alternate Entrees

Warm Whole Grain Muffin  
Fruit & Yogurt Smoothie  
Whole Grain/Reduced Sugar Cereal

12



15



16



17



18



19



22

#### Main Entree

Choice of Breakfast Sandwich

#### Alternate Entrees

Warm Breakfast Bread  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

23

#### Main Entree

Cinnamon & Sugar Breakfast Ring

#### Alternate Entrees

Warm Whole Grain Mini Cinnis  
Fruit & Yogurt Smoothie  
Whole Grain/Reduced Sugar Cereal

24

#### Main Entree

Fresh Made Breakfast Pizza

#### Alternate Entrees

Warm Whole Grain Breakfast Bun  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

25

#### Main Entree

French Toast Bites w/Sausage & Syrup

#### Alternate Entrees

Warm Whole Grain Muffin  
Fruit & Yogurt Smoothie  
Whole Grain/Reduced Sugar Cereal

26

#### Main Entree

Choice of Breakfast Sandwich

#### Alternate Entrees

Warm Bagel w/Cream Cheese  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

29

#### Main Entree

Choice of Breakfast Sandwich

#### Alternate Entrees

Warm Breakfast Bread  
Fruit & Yogurt Parfait w/Granola  
Whole Grain/Reduced Sugar Cereal

30

#### Main Entree

Warm Fresh Baked Scone

#### Alternate Entrees

Warm Whole Grain Mini Cinnis  
Fruit & Yogurt Smoothie  
Whole Grain/Reduced Sugar Cereal



Breakfast & Lunch Menus are subject to change without notice. This institution is an equal opportunity provider.