

MARCH 2024

RSU 57 Massabesic High School

Alternate Entrées Available Daily

Chickenburgers (Plain & Spicy), Pizza, Deli Sandwich, Entrée Salad, PB & J Uncrustable Snack Pack

Monday

Tuesday

Wednesday

Thursday

Friday

American Chop Suey w/Warm Garlic Breadstick

Steamed Vegetable Fresh Garden Salad Bar 100% Fruit Juice, Assorted Fresh Fruit Cold Milk Choice

Yang's Orange Chicken w/Whole Grain Rice

Steamed Broccoli Florets Fresh Garden Salad Bar 100% Fruit Juice, Assorted Dried Fruit Cold Milk Choice Fish Filet Sandwich

Oven Baked French Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice, Diced Fruit Cup Cold Milk Choice Early Release

Boneless Chicken Wings w/Warm Wheat Roll

Vegetarian Baked Beans Fresh Garden Salad Bar 100% Fruit Juice, Assorted Fresh Fruit Cold Milk Choice

Chicken Tenders

w/Warm Cinnamon Roll

Vegetarian Baked Beans

Fresh Garden Salad Bar

100% Fruit Juice, Assorted Fresh Fruit

Cold Milk Choice

Twisty Cheese Breadsticks

w/Marinara Dipping Sauce Oven Baked Sweet Potato Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice, Diced Fruit Cup Cold Milk Choice Nachos Grande

Mexican Seasoned Beef

W/Tortilla Chips, Salsa & Sour Cream

Steamed Vegetable Fresh Garden Salad Bar 100% Fruit Juice, Assorted Fresh Fruit Cold Milk Choice

1

Yang's General Chicken w/Whole Grain Rice

Steamed Broccoli Florets Fresh Garden Salad Bar 100% Fruit Juice, Assorted Dried Fruit Cold Milk Choice 12

Meatball Sub w/Mozzarella Cheese

Oven Baked French Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice, Diced Fruit Cup Cold Milk Choice 13

20

27

6

Cheese Filled Bosco Sticks w/Marinara Dipping Sauce Oven Baked Sweet Potato Fries

Assorted Fresh Veggies w/Dip 100% Fruit Juice, Diced Fruit Cup Cold Milk Choice Buffalo Chicken Dip

w/Whole Grain Tortilla Chips Steamed Vegetable Fresh Garden Salad Bar 100% Fruit Juice, Assorted Fresh Fruit Cold Milk Choice

18

Yang's Orange Chicken w/Whole Grain Rice

Steamed Broccoli Florets Fresh Garden Salad Bar 100% Fruit Juice, Assorted Dried Fruit Cold Milk Choice 19

BBQ Pulled Pork Sandwich

Oven Baked French Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice, Diced Fruit Cup Cold Milk Choice Early Release

Boneless Chicken Wings w/Warm Wheat Roll

Vegetarian Baked Beans Fresh Garden Salad Bar 100% Fruit Juice, Assorted Fresh Fruit Cold Milk Choice Twisty Cheese Breadsticks w/Marinara Dipping Sauce

Oven Baked Sweet Potato Fries
Assorted Fresh Veggies w/Dip
100% Fruit Juice, Diced Fruit Cup
Cold Milk Choice

22

Beef & Bean Chili w/Chips, Cheese & Sour Cream

Steamed Vegetable Fresh Garden Salad Bar 100% Fruit Juice, Assorted Fresh Fruit Cold Milk Choice

2

Yang's General Chicken w/Whole Grain Rice

Steamed Broccoli Florets Fresh Garden Salad Bar 100% Fruit Juice, Assorted Dried Fruit Cold Milk Choice 26

Buffalo Chicken Dip w/Whole Grain Tortilla Chips

Oven Baked French Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice, Diced Fruit Cup Cold Milk Choice Chicken Tenders

w/Warm Cinnamon Roll

Vegetarian Baked Beans Fresh Garden Salad Bar 100% Fruit Juice, Assorted Fresh Fruit Cold Milk Choice Cheese Filled Bosco Sticks

w/Marinara Dipping Sauce Oven Baked Sweet Potato Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice, Diced Fruit Cup Cold Milk Choice 29

American Chop Suey w/Warm Garlic Breadstick

Steamed Vegetable Fresh Garden Salad Bar 100% Fruit Juice, Assorted Fresh Fruit Cold Milk Choice

Breakfast & Lunch Menus are subject to change without notice. This institution is an equal opportunity provider.