

MARCH 2024

RSU 57 Massabesic Middle School

Alternate Entrées Available Daily

Chickenburgers (Plain & Spicy), Pizza, Deli Sandwich, Entrée Salad, Sunbutter & Jelly Sandwich w/String Cheese

Monday



Tuesday



Wednesday



6

Thursday Friday



w/Warm Garlic Breadstick Steamed Vegetable Fresh Garden Salad Bar 100% Fruit Juice Cold Milk Choice

American Chop Suey

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Yang's Orange Chicken w/Whole Grain Rice Steamed Broccoli Florets

Steamed Broccoli Florets Fresh Garden Salad Bar Diced Fruit Cup Cold Milk Choice Fish Filet Sandwich

Oven Baked French Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice Cold Milk Choice Boneless Chicken Wings w/Warm Wheat Roll

Vegetarian Baked Beans Fresh Garden Salad Bar Assorted Dried Fruit Cold Milk Choice Twisty Cheese Breadsticks w/Marinara Dipping Sauce

Oven Baked Sweet Potato Fries Assorted Fresh Veggies w/Dip Diced Fruit Cup Cold Milk Choice Nachos Grande
Mexican Seasoned Beef

w/Tortilla Chips, Salsa & Sour Cream Steamed Vegetable Fresh Garden Salad Bar 100% Fruit Juice Cold Milk Choice

Yang's General Chicken w/Whole Grain Rice Steamed Broccoli Florets Fresh Garden Salad Bar

Diced Fruit Cup

Cold Milk Choice

Meatball Sub w/Mozzarella Cheese

Oven Baked French Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice Cold Milk Choice

Oven Baked French Fries

Assorted Fresh Veggies w/Dip

100% Fruit Juice

Cold Milk Choice

Chicken Tenders
w/Warm Cinnamon Roll

Vegetarian Baked Beans Fresh Garden Salad Bar Assorted Dried Fruit Cold Milk Choice Cheese Filled Bosco Sticks w/Marinara Dipping Sauce

Oven Baked Sweet Potato Fries Assorted Fresh Veggies w/Dip Diced Fruit Cup Cold Milk Choice į

Buffalo Chicken Dip w/Whole Grain Tortilla Chips Steamed Vegetable Fresh Garden Salad Bar

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Yang's Orange Chicken w/Whole Grain Rice Steamed Broccoli Florets

Steamed Broccoli Florets Fresh Garden Salad Bar Diced Fruit Cup Cold Milk Choice BBQ Pulled Pork Sandwich

12

Boneless Chicken Wings

w/Warm Wheat Roll
Vegetarian Baked Beans
Fresh Garden Salad Bar
Assorted Dried Fruit
Cold Milk Choice

Twisty Cheese Breadsticks

w/Marinara Dipping Sauce Oven Baked Sweet Potato Fries Assorted Fresh Veggies w/Dip Diced Fruit Cup Cold Milk Choice Beef & Bean Chili w/Chips, Cheese & Sour Cream

Steamed Vegetable
Fresh Garden Salad Bar
100% Fruit Juice
Cold Milk Choice



2

Yang's General Chicken w/Whole Grain Rice

Steamed Broccoli Florets Fresh Garden Salad Bar Diced Fruit Cup Cold Milk Choice

Buffalo Chicken Dip w/Whole Grain Tortilla Chips

Oven Baked French Fries Assorted Fresh Veggies w/Dip 100% Fruit Juice Cold Milk Choice Chicken Tenders w/Warm Cinnamon Roll

Vegetarian Baked Beans Fresh Garden Salad Bar Assorted Dried Fruit Cold Milk Choice Cheese Filled Bosco Sticks w/Marinara Dipping Sauce

Oven Baked Sweet Potato Fries
Assorted Fresh Veggies w/Dip
Diced Fruit Cup
Cold Milk Choice

American Chop Suey w/Warm Garlic Breadstick

Steamed Vegetable Fresh Garden Salad Bar 100% Fruit Juice Cold Milk Choice

