



# BREAKFAST

# MARCH 2024

RSU 57 Massabesic Middle School

**Alternate Breakfast Entrée**  
Whole Grain/Reduced Sugar Cereal

## Monday



4

**Warm Whole Grain Breakfast Bread**  
Applesauce Cup  
100% Fruit Juice  
Cold Milk Choice



11

**Warm Whole Grain Breakfast Bun**  
Applesauce Cup  
100% Fruit Juice  
Cold Milk Choice

18

**Warm Whole Grain Breakfast Bread**  
Applesauce Cup  
100% Fruit Juice  
Cold Milk Choice

25

**Warm Whole Grain Breakfast Bun**  
Applesauce Cup  
100% Fruit Juice  
Cold Milk Choice

## Tuesday



5

**Warm Whole Grain Bagel w/Cream Cheese**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

12

**Warm Whole Grain Muffin**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

19

**Warm Whole Grain Bagel w/Cream Cheese**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

26

**Warm Whole Grain Muffin**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

## Wednesday



Early Release

6

**Warm Whole Grain Breakfast Pizza**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

13

**Choice of Breakfast Sandwich**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

20

**Warm Whole Grain Breakfast Pizza**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

27

**Choice of Breakfast Sandwich**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

## Thursday



7

**Warm Whole Grain Cinnamon Breakfast Ring**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

14

**Warm Whole Grain French Toast Bites w/Syrup**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

21

**Warm Whole Grain Cinnamon Breakfast Ring**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

28

**Warm Whole Grain French Toast Bites w/Syrup**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

## Friday

1

**Yogurt Cup w/Fresh Made Granola**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

8

**Pancake & Sausage on a Stick w/Syrup**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

15

**Yogurt Cup w/Fresh Made Granola**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

22

**Pancake & Sausage on a Stick w/Syrup**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice

29

**Yogurt Cup w/Fresh Made Granola**  
Fresh Fruit  
100% Fruit Juice  
Cold Milk Choice