



Ninety percent of people who have used non-medical counseling would use it again. Here's what they say:

"Non-medical counseling helped improve my communication and self-awareness without affecting my job."

"An invaluable tool for those times when a service member just needs someone to talk to."

**MILITARY
ON_{US}SOURCE**

Military OneSource is your 24/7 connection to information, answers, and support – your one source for your best MilLife.
www.MilitaryOneSource.mil | 800-342-9647



**MILITARY
ON_{US}SOURCE**

Confidential Non-medical Counseling



Support for Your Best MilLife

Support For Your Best MilLife

Confidential non-medical counseling services from Military OneSource

Whether you want to strengthen a relationship or talk through a difficult situation, non-medical counseling from Military OneSource can help you thrive in your military life.

Counseling is confidential, free and available to you and your family. Best of all, our counselors know military life, so they understand the challenges you're facing.



Non-medical counseling is for you if you want short-term help with:

- Relationships at home and work
- Stress management
- Marital and communication issues
- Adjustment to military culture
- Phases of deployment
- Parenting skills
- Grief or loss

If non-medical counseling is not appropriate for your situation, we will connect you with other vetted resources. Situations outside the scope of non-medical counseling include:

- Long-term counseling and support
- Post-traumatic stress disorder
- Psychological or fitness-for-duty evaluations
- Addictions
- Mental health diagnoses requiring medication
- Determining a medical diagnosis
- Crisis situations

Services are for active-duty, National Guard and reserve service members, immediate family and survivors.

- Confidential non-medical counseling is not reported to command
- You are eligible for up to 12 sessions per issue
- Services are from licensed mental health clinicians
- Counseling sessions face-to-face, by phone, online chat or secure live video
- Face-to-face sessions are also available through the Military and Family Life Counseling Program at installations worldwide

Contact Military OneSource
24/7 to arrange confidential
non-medical counseling:
800-342-9647
or www.MilitaryOneSource.mil



MILITARY INTERSTATE
CHILDREN'S COMPACT
COMMISSION

Vermont

RENE SANCHEZ, STATE COMMISSIONER

KRISTEN FERULLO, MILITARY SCHOOL LIAISON

History

The Compact is Law in all 50 States.

On 24 May 2011, the Governor signed the Vermont MIC3 Compact making it the 39th state to join.

The Interstate Compact seeks to level the playing field for highly transient military children during the transition process by addressing Educational Transition issues.

The Compact Covers Children of

1. Active-Duty Military including Guard & Reserves (Title 10)
2. Commissioned Officers of NOAA & USPHS
3. Medically Discarded/Retired service members up to 1 year to their final home of record
4. Service Members perished up to one year

For More information please visit

www.MIC3.net

Article IV- Enrollment

Education Records

- ✓ Parents entitled to hand carry unofficial record from sending school
- ✓ Receiving school must accept unofficial record pending official record
- ✓ Sending school must provide official record within 10 days

Immunizations

- ✓ Child has 30 days from enrollment to obtain/start series of required immunizations

Kindergarten/Grade 1 Entrance Age

- ✓ Student can continue in same grade regardless of cut off date is they have enrolled and attending public school in the sending state

Article V - Placement & Attendance

Course/Program Placement

- ✓ Receiving school will honor placement of sending school; may subsequently perform evaluation after enrollment.
- ✓ Demonstration of reasonable accommodations if no course exists

Special Education Services

- ✓ Receiving school will initially provide services identified in student's IEP; may subsequently perform evaluation for placement after enrollment.

Placement Flexibility

- ✓ LEA may waive course or program prerequisites if similar completed in sending school

Absence Related to Deployment

- ✓ Flexibility for additional excused absences for parent before/during/immediately after deployment.

Article VI - Eligibility

Enrollment

- ✓ LEA cannot charge tuition to children placed in the care of non-custodial parent during PCS or deployment
- ✓ Student can continue to attend his/her current school even if living in care of a non-custodial parent or person serving "in loco parentis"

Extracurricular Participation

- ✓ School must provide opportunity for inclusion in extracurricular activities regardless of deadlines as long as student is otherwise qualified

Article VII - Graduation

- ✓ LEA may waive courses required for graduation if similar course work has been completed in another LEA
- ✓ Flexibility to accept end of course, exit exams, national or alternate achievement tests for graduation from LEA in sending state
- ✓ Allowing student to receive a diploma from sending school while attending in receiving LEA to prevent disruption to graduation date.



Military Family Support Resources

- Worldwide School Liaison Directory www.installations.militaryonesource.mil
- Free Online Tutoring & SAT/ACT Prep for military kids www.tutor.com/military
- Military One Source www.militaryonesource.com
- Military Child Education Coalition www.militarychild.org
- National Military Child Family Association www.militaryfamily.org
- Military Interstate Children's Compact Commission www.MIC3.net
- The Education Trust www.edtrust.org
- Guide to Online School www.accreditedschoolsonline.org
- Parent Advocacy Council for Educational Rights www.pacer.org
- Specialized Training of Military Parents (STOMP) www.wapave.org
- Our Military Kids www.ourmilitarykids.org
- Army National Guard Child & Youth Services www.arngcys.com
- Sesame Street for Military Families www.sesamestreetformilitaryfamilies.org
- Bloom: Empowering Military Teens www.bloommilitaryteens.org
- Blue Star Families www.bluestarfam.org
- Fischer House Military Scholarships www.militaryscholar.org

Blue Star Families 2021 Military Family Lifestyle Report
[BSF MFLS Results2021 ExecutiveSummary 03 10.pdf](#)
(bluestarfam.org)

The Field Guide to the Military Teen
[The-Field-Guide-to-the-Military-Teen.pdf](#) (militaryfamily.org)

Additional Information



The ESSA Military Identifier
allows Support Agencies to
provide resources & training to
your school district.

Simple start...add a
Military Family Support
section to your District Webpage

Your School Liaison is here to help!

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(207) 318-1730

www.navymwrportsmouthshipyard.com/child-youth/school-liaison-officer