

## WAYNE ELEMENTARY SCHOOL NEWSLETTER



DECEMBER 8, 2023

DEAR FAMILIES, WE HOPE YOU'VE ALL HAD A WONDERFUL WEEK!!

AND...WITH THE DROPPING TEMPERATURES, WE'VE MADE THE BEST

OF IT! STAY WARM THIS WEEKEND!

#### **Weekly Menu**

#### **WEEK OF 12/11/2023**

MON-WALKING TACOS W/ SALSA
TUES-MOZZARELLA STICKS W/ MARINARA
WED-BLACK BEAR BOWL (MASHED POTATO,
CORN, POPCORN CHICKEN, GRAVY & CHEESE)
THURS-TERIYAKI CHICKEN W/ VEGGIES OVER
RICE
FRI-PIZZA PIZZAI

SUN BUTTER & JELLY
AVAILABLE DAILY

# Weekly attendance 93%

Percentage attending Parent-Teacher Conferences

91 %

#### **Upcoming Dates**

#### LOOKING AHEAD

#### **DECEMBER**

12/11-PICTURE RETAKE DAY
12/20-HOLIDAY HAPPENINGS AT
WES -YAY!
12/21-EARLY RELEASE DAY
12/22-01/01/24-CHRISTMAS
BREAK

#### **REMINDERS**

PLEASE CHECK LUNCH BALANCES
SNACKS & WATER BOTTLE
SNEAKERS FOR PHYS ED
WARM CLOTHING FOR RECESS

# Principal Notes

#### Dear Families,

As we enter the holiday season, I want to recognize that this can be an extraordinarily busy time of year for parents and caregivers. The excitement of holidays and family visits is wonderful, but also brings schedules packed with activities, expectations to create perfect experiences, financial pressures, family dynamics to navigate, and often sheer exhaustion!

Please know that self-care is so important during this season - your own health and well-being directly impact your ability to care for your family. Trying to maintain my own balance, I'm sharing tips that I have found helpful and relevant.

- Set realistic expectations for holidays and events. Let go of "perfect".
- · Prioritize sleep and alone recharging time.
- · Share tasks and delegate with others when possible.
- Model self-care skills like healthy eating, exercise, and meditation.
- Accept help from trusted friends, families, and communities. We hope we are included here!
- Remain focused on meaningful connection.

Although these suggestions are fairly generic, I hope they off a supportive reminder to care for YOUR needs amidst the hustle and bustle. Implementing even small self-care strategies can nourish you to better cherish this whole familial experience. Should you be interested in hearing more about how to "Reclaim the Holidays for You" listen to this podcast with child psychologist, Dr. Becky, and Priya Parker, author of "The Art Of Gathering".

Wishing you joy and simplicity this holiday season!

Warmly, Solution Jeanette Jacobs WES Principal



## NOTES FROM THE NURSE

#### I NEED TO STAY HOME IF ...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE BEEN IN THE HOSPITAL	I HAVE TESTED COVID +
100/	52	(18	(e)	<b>♣</b>	
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Hospital stay and/or ER visit	5 Day isolation begins with Day 0 as symptom onset or + test if no symptoms

I AM READY TO GO BACK TO SCHOOL WHEN I AM									
Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed	Released by my medical provider to return to school	End isolation if symptoms are improving and Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin				

DAILY HABITS FOR STAYING HEALTHYWASH HANDS

BEDTIME ROUTINES WITH PLENTY OF SLEEP

DRINK PLENTY OF WATER

3-5 SERVINGS OF FRUITS & VEGETABLES

FRESH AIR AND SUNSHINE

EXERCISE

## DON'T FORGET!!!



Monday, December 11, 2023 \ lunes, 11 de diciembre, 2023

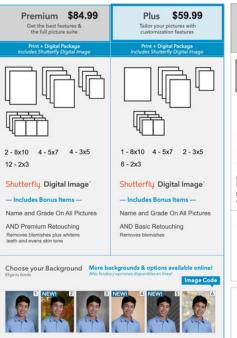
Retake Day! Wayne Elementary School

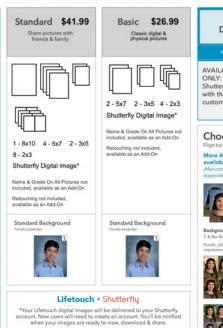
## Pre-order today on

with your Student ID or Picture Day ID: EVTG68CDP or choose a package below and fill out your order form.



Scan to order!







Physical Prints Delivered to
Digital Image Delivered to
Home or School
via Shutterfly

Choose a Package

B. Plus\*\*

D. Basic

F. 4 - 3x5

G. 2 - 5x7

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Name & Grade On All Pictures\*\*

C. Standard

Choose your Add-Ons

E. 8 - 2x3 Wallets

3 Add Enhancements — Basic & Standard Packages Only

Pre-order today on **mylifetouch.com** with your Student ID or Picture Day ID: **EVTG68CDP** 

\$84.99

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\$19.99

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Add 5.5% tax.

N/A

EVTGERCOP 500269





IF ANYONE WOULD LIKE A RETAKE PHOTO, PLEASE RETURN YOUR ORIGINAL FALL PICTURES AND YOU WILL GET ANOTHER PICTURE PACKET AUTOMATICALLY, AFTER RETAKE DAY.



# What do you call a sleeping bull?

It's that time of year again!!

Cold days and a snow covered

playground!



Please send your child in with their snow gear on, the kiddos head right outside once they arrive in the morning and it makes for a much faster transition to the playground.

## Local Library Events

#### Cary Memorial Library (Wayne)

- Children's Story Time-Every
   Monday at 10:00 am, Join in for a
   quick story or two, do a simple
   craft, play around the train table
   and meet new friends. Babies thru
   Preschool.
- Wayne Stroll-Saturday, Dec 2.
   9:00-3:00 Families are welcome
  to stop in to the Cary Library to
  meet Winthrop author Sara
  Frautten, author of a lovely
  picture book about Maine animals.
  Copies of Good Morning, Maine!
  will be available for purchase and
  inscribing. Stop by for candy
  canes and a simple craft for the
  kids.

### Dr. Shaw Memorial Library (Mt. Vernon)

- Farmington Cooperative
   Extension Service has planned
   a series of STEM activities for
   children at the library. The
   series will be held on
   Wednesdays from 4-5PM
   November 1st through
   Wednesday December 6th. (Not
   on 11/22)
- December 8th- 6:00pm The
   Mount Vernon Community
   Center is holding a holiday Tree
   Lighting Ceremony.Please join
   us for carols, story time, a
   bonfire and Santa.

#### Readfield Community Library (Readfield)

- STORY WALK® at the Readfield Community Library-Red & Lulu by Matt Tavares.
- STORY WALK® at Readfield Elementary School—My Wonderful Christmas Tree by Dahlov Ipcar,
- **STORY TIME** on Tuesday Mornings Join us at the Library on Tuesdays at 10:00am for theme-based books, songs, and crafts.
- ANNUAL TREE LIGHTING on Friday, December 1st at 6:30pm
   Please join us as we gather
   together outdoors in front of the
   Library to light the community
   tree, enjoy cookies and cocoa, and
   visit with Santa., Rain/snow date
   Sunday December 3rd at 4:30pm.
- RECYCLED GIFT CRAFTING on December 6th, Drop in from 4-7pm. Make homemade holiday gifts with recycled materials!
- HANUKKAH EVENT on December 11th at 6:00pm. Enjoy books, activities, and music related to Hanukkah.
- GAMES, PUZZLES, and LEGOs on December 27th from 3-5pm

### Underwood Memorial Library (Fayette)

Upcoming Storytime Night and Kid's Night 6:00-7:00 pm

- December 6th- Read Mooseltoe and make a Moose craft. Then help us decorate our library Christmas tree.
- December 20th- We will make Christmas ornaments & reindeer food.

Snacks will be provided

## 2nd Grade

Mrs. Kerchner came into 2nd grade to teach students about different types of evergreen trees. Students put their knowledge to the test by gluing and labeling pieces of each tree onto paper. When they were done students worked together to make a wreath for the school to enjoy!

Thanks Theresa!









## 5th Grade

The 5th grade class had 50 class pets this week! Red Wiggler Worms! We used them in science class. Ask your child... Do worms really eat dirt? What critical role do worms play in decomposing dead material and releasing nutrients into the soil? Do worms prefer wet or dry areas? What is a "fair test"? Does anyone have a compost that they would like to add 50 red worms to? If so, let your child know and I'll send them home with them!





Join us in bringing back Manchester's Annual Tree Lighting

## **This Friday December 8th**

# Schedule

## (at the Marchester Town Office)

- 5:30-5:45 Maranacook HS Chorus Sings
- 5:45 Santa arrives & counts down to lighting the tree!
- 6:00-7:15 ~Pictures with Santa
  - ~The Grinch will be around causing trouble
  - ~An Elf will be passing out Candy Canes
  - ~Hot Chocolate, Goodies & Cookies
  - ~S'mores around the firepits & meet & greet with The Maine Cabin Masters
  - ~A Food Truck for dinner
  - ~A little Cornhole fun
  - ~A Bounce House
  - ~A DJ to keep us warm & moving!
- 7:15 Grand Finale Fireworks! (behind the school)
- \* A huge THANK YOU to our sponsors & volunteers \*
  Not an RSU Sponsored Event

2023

2024

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#### H - SCHOOL HOLIDAYS

July 4 -	Independence Day	
September 4	-	Labor Day
October 9	-	Indigenous Peoples' Day
November 10	-	Veterans' Day, Observed
November 23	-	Thanksgiving Day
December 25	-	Christmas Day
January 1	-	New Year's Day
January 15	-	Martin Luther King, Jr. Day

Juliuary 15		Manual Latiner I
February 19	-	Presidents' Day
April 15	-	Patriots' Day
May 27	-	Memorial Day
June 19	-	Juneteenth

Flex Day

w	Staff In-Service (no school students)
F1	First student day, Grades K-5, 6, 9, 12
F2	First student day, Grades 7, 8, 10, 11, CATC
F3	First student day, Grade Pre-K
G	Graduation

u	Graduation
WI	In-Service Comp Day (no school students)
ER	Designated Early Release Day (see below)

V	Vacation
L	Last Student Day (if 2 emergency days used) (1/2 day)

Aug. 28, 29	Professional Days
Aug. 30	1st Student Day, grades K-5, 6, 9, 12
Aug. 31	1st Student Day, grades 7, 8, 10-11, CATO
Sept. 5	1st Student Day, grade Pre-K
Oct. 6	Professional Day
Nov. 22	In-service Comp Day (no school)
Nov. 23-24	Thanksgiving Break
Dec. 22-Jan. 1	Winter Break
Feb. 19-23	February Break
March 15	Professional Day
April 12	In-service Comp Day (no school)

April 15-19	Spring Break
June 4	Graduation
June 11	Last student day (if 2 emer. days used)
	(1/2 day)
June 12	Last staff day (if 2 emer. days are used)
Note: This cal	lendar includes 2 remote learning days and 2

Note: This calendar includes 2 remote learning days and emergency days.

182 teacher days; 175 student days Calendar includes 2 emergency days

Designated Early Release Days (student dismissal at 11:40 a.m.; content to be determined by Professional Development Committee and A-Team). No Pre-K on early release days.

September 27 January 24 November 8 March 20 December 21 May 8

Adopted by RSU 38 Board: 06/07/23 (R1 06/21/23 corrected)



# A Bulldozer



## HAVE A WONDERFUL

# Weekend!

