



WAYNE ELEMENTARY SCHOOL NEWSLETTER



OCTOBER 20, 2023

DEAR FAMILIES, WE WOULD LIKE TO THANK EVERYONE FOR COMING TO CURRICULUM NIGHT ON THURSDAY EVENING! IT WAS SO NICE TO SEE YOU ALL AND A BIG SHOUT OUT TO WAYNE'S SCHOOL AND HOME FOR PROVIDING SOME SWEET TREATS! HAVE A WONDERFUL WEEKEND AND ENJOY SOME OF THESE LAST DAYS OF FALL!!!

Weekly Menu

WEEK OF 10/23/2023

MON- BAKED PRETZEL W/ CHEESE SAUCE
TUES- CHICKEN BACON RANCH FLATBREAD
WED- CHOP SUEY W/ DINNER ROLL
THURS- FISH STICKS W/ POTATO FRIES
FRI- PIZZA! PIZZA!

**SUN BUTTER & JELLY
AVAILABLE DAILY**

Upcoming Dates

LOOKING AHEAD

OCTOBER-
10/31- HALLOWEEN

NOVEMBER

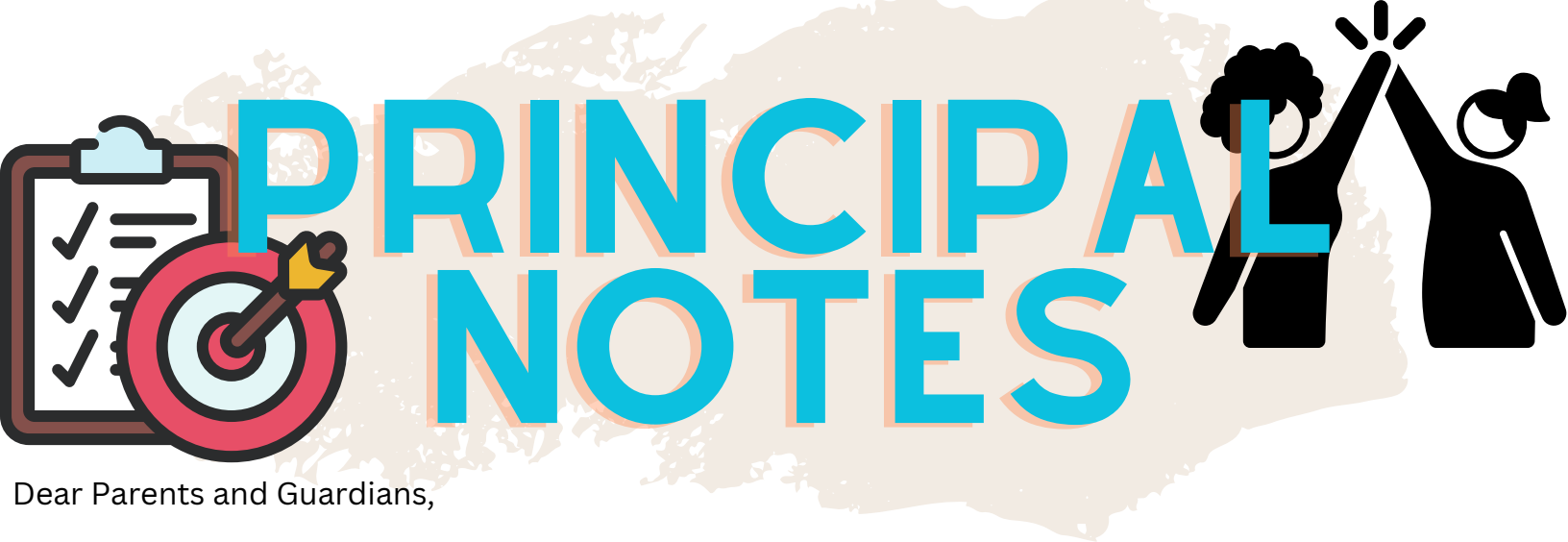
11/08- PIE DELIVERY DAY! (EARLY RELEASE DAY)
11/08- EARLY RELEASE DAY
11/09- PICTURE DAY! (GET YOUR SMILE ON!!!)
11/10- HOLIDAY-NO SCHOOL
11/16- PARENT/TEACHER CONFERENCES
11/22-11/24-THANKSGIVING BREAK
11/30- PARENT/TEACHER CONFERENCES

Weekly attendance

92%

REMINDERS

**PLEASE CHECK LUNCH BALANCES
SNACKS & WATER BOTTLE
SNEAKERS FOR PHYS ED
WARM CLOTHING FOR RECESS**

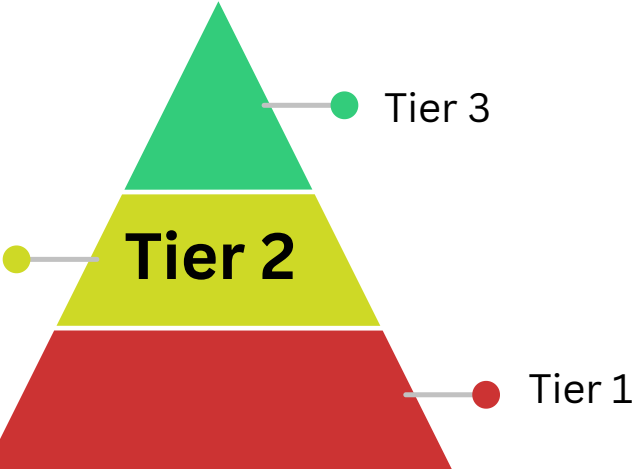


Dear Parents and Guardians,

This month I am sharing information about our Multi-Tiered System of Supports process or MTSS. MTSS is a framework that uses data to help match academic and social-emotional behavior (SEB) assessment and instructional resources to *each and every* student’s needs. Last week we discussed “the core” or tier one supports. This is the programming that is available to every student in our school. As part of that process or programming, we administer universal screenings. These screenings are typically given three times a year and they help us identify students who may need more support or other types of instruction such as enrichment.

This level of additional support is called tier two. On average, about 15 to 20 percent of students may require tier two support in addition to the high-quality instruction they are receiving in tier one. Tier two supports generally occur within the classroom and can be provided by the classroom teacher or specialist. They are also likely to be provided during small group instruction to students with similar needs and academic goals. Teachers monitor each student's individual progress and meet every six to eight weeks to reevaluate student plans. If your student is receiving tier two services you will be notified and their plan, as well as progress, will be shared. If you are wondering how you can support your child at home, there are many ways this can happen and every little bit helps. Doing what you can each and every day leads to tremendous progress in the long run!

Cheers, 🙌
Jeanette Jacobs
WES Principal



Wondering how you can support your child at home?

There are many ways parents can support what their child is doing in school.

Here are a few:

- Make reading an everyday habit at home
- Communicate with your child’s teacher
- Monitor and assist with homework assignments
- Share your child’s successes
- Learn more about the curricula and interventions being used with your child
- Attend parent/teacher conferences and other school meetings about your child

NOTES FROM THE NURSE

JUST A REMINDER REGARDING THANKSGIVING BASKETS

IF YOUR FAMILY COULD USE SOME ASSISTANCE
PROVIDING A THANKSGIVING MEAL, THERE ARE
COMMUNITY RESOURCES THAT CAN HELP.
PLEASE CONTACT THE SCHOOL NURSE.



Flu Information for Parents

What is flu?

Flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. Flu viruses cause illness, hospital stays, and deaths in the United States each year.

How serious is flu?

Flu illness can vary from mild to severe. While flu can be serious even in kids who are healthy, it can be especially dangerous for young children and children of any age who have certain chronic health conditions. Children younger than 5 years old—especially those younger than 2—are at higher risk of developing serious flu-related complications. Children of any age with certain chronic health conditions like asthma and diabetes are also at higher risk.

What are the signs and symptoms of flu?

Symptoms of the flu can include:

- Fever* or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.
- * It's important to note that not everyone with flu will have a fever.

Protect your child

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

Ask your health care provider which flu vaccine is right for your child.

- Everyone 6 months of age and older should get a flu vaccine by the end of October, if possible.
- Children 6 months through 8 years of age may need 2 doses of vaccine.
- Children younger than 6 months are at higher risk of serious flu illness, but are too young to be vaccinated. Parents, siblings, and people who care for infants should be vaccinated in order to help protect younger children you cannot be vaccinated.

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

- Stay away from people who are sick, cover your coughs and sneezes, wash your hands often with soap and water, do not touch your eyes, nose, and mouth.

If your child is sick

What can I do if my child gets sick?

Talk to your doctor right away if you are worried about your child's illness.

- Make sure your child gets plenty of rest and drinks enough fluids. If your child is at higher risk for flu complications, call your doctor or take them to the doctor right away if they develop flu symptoms.
- If your child becomes sick with flu illness, CDC recommends that they stay home for at least 24 hours after their fever is gone and their symptoms have improved or resolved. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C)* or higher.

*Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number can vary depending on factors such as the method of measurement and the age of the person.

Is there medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antiviral treatment of the flu works best when given as soon as possible, ideally 1-2 days after flu symptoms develop. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at higher risk of serious flu complications who get flu symptoms. Antivirals can be given to most children and pregnant people.



For more information, visit
www.cdc.gov/flu/protect/children.htm
or call 800-CDC-INFO







#FIGHT FLU



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

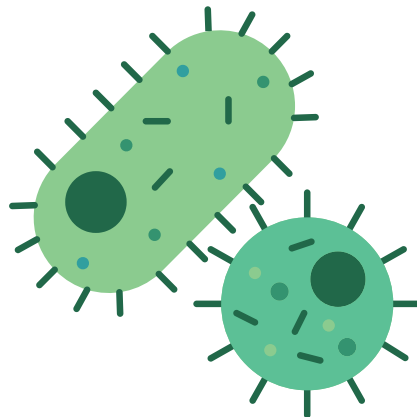
Hmmm... Should I stay home??

I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE BEEN IN THE HOSPITAL	I HAVE TESTED COVID +
					
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Hospital stay and/or ER visit	5 Day isolation begins with Day 0 as symptom onset or + test if no symptoms

I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed	Released by my medical provider to return to school	End isolation if symptoms are improving and Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)
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Student Dismissal

Dear Parents,

The safety of your children is our number one priority, this is a reminder about end of day dismissal procedures.

- Please remain in your vehicle when picking up your child. We will bring your child to the vehicle. We would like to keep the flow of traffic moving.
- If pick up will be lengthy please park and you can walk over and pick up your child. We understand that you may need to discuss matters with a teacher .
- The speed limit in a school zone is 15 mph and 5 mph in the parking lot.
- When the bus lights are flashing , please do not go around the bus at any time.
- Late parent pick-ups can park towards the back of the parking lot towards the playground where duty teachers can see that you have arrived.

If you have any questions or concerns, please feel free to reach out to the office at 207-685-3634 or stop in anytime to see us. Thank you for your cooperation.

WEEKLY *Riddle*

**What is yours but
mostly used by
others??**



PICTURE DAY

NOVEMBER 9TH

ORDER FORMS COMING HOME SOON





Dear Family,

Fall 2023

Our district uses the Second Step curriculum which teaches children important skills for getting along with others and doing well in school. It also helps our school be a safe and supportive place where everyone can learn.

To help make our school even more safe and supportive, we are also using the Second Step~Child Protection Unit. In these lessons, which include discussion and short videos for each grade level, students will learn three types of skills:

- **Personal Safety.** Students will learn important safety rules, such as safety with guns, sharp tools, and fire, and when riding on wheels or in cars. They will also learn ways to help them decide if something is safe or not.
- **Touching Safety.** Students will learn about safe, unsafe, and unwanted touches, and rules about touching private body parts. They'll also learn to say no to unsafe or unwanted touches, and to tell an adult if someone breaks rules about touching private body parts.
- **Assertiveness.** These lessons will also give students a chance to practice asking an adult for help, telling an adult about an unsafe situation, and being assertive to get out of unsafe situations.

For more information or questions please contact the school counselor.

Thank you for helping us to make our school a safe and supportive place where everyone can learn.

Sincerely,

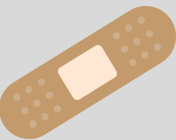
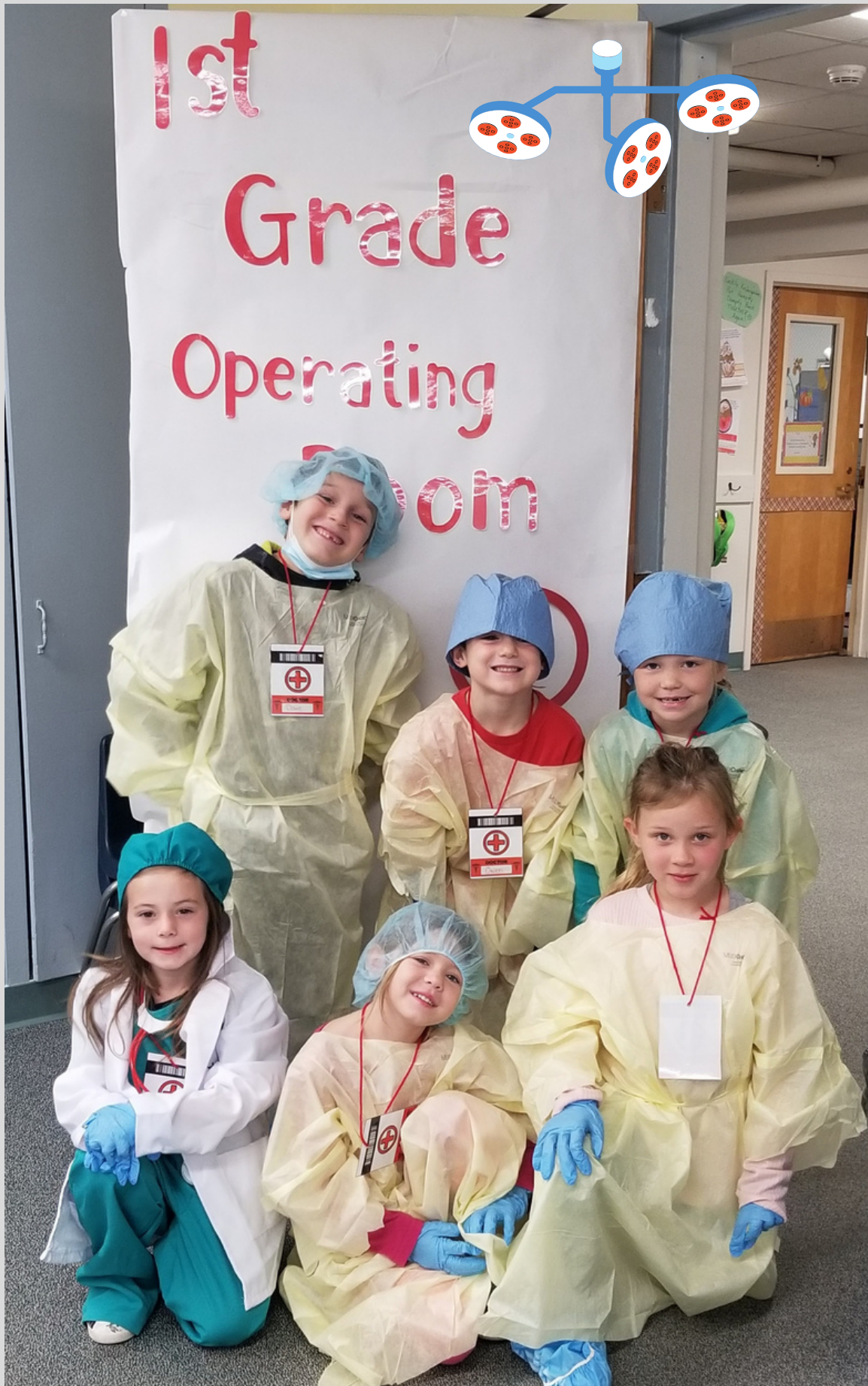
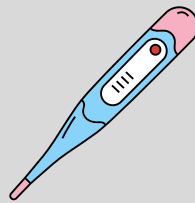
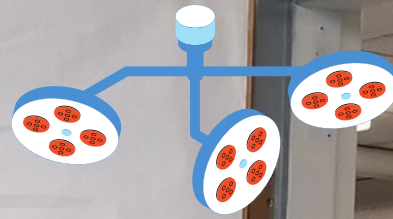
Tara Wicks, school counselor
Mount Vernon Elementary School
Wayne Elementary School

Tara_wicks@maranacook.com

Thank you Travis Mills
Foundation for the awesome
t-shirts for our awesome
WES students!
We love them!!!



FIRST GRADE CELEBRATING THEIR END OF THE UNIT FOR THE HUMAN BODY.



Maranacook Elementary Physical Education Mr. Lajoie

Attention all families: Please take this 5 minute survey from MaineHealth. Even if you completed the survey last year, we need your participation again!

Everyone who completes the survey will be entered into a prize drawing and five lucky winners across the state will each receive a \$100 Amazon gift card for their personal use AND if you win, our school will receive \$1,000.

Other schools are participating, so the more families from our school who complete the survey, the greater our chance of winning \$1,000!

Contact information for the prize drawing will be collected at the end of the survey and will not be connected to your survey responses. All survey responses are anonymous.

Click the following link to begin the survey: <https://redcap.link/2023FamilySCH>

Thank you!



Mr. Lajoie PE Days:

Mon: Readfield

Tue: Wayne

Wed: Manchester

Thurs: Manchester

Fri: Readfield

Email: matt_lajoie@maranacook.com

Sneakers provide the necessary support and stability your child needs to prevent slips, trips and falls during an active day in school.

Please do not send your child to school without them.

Our kids are growing and developing new movement patterns everyday, let's give them the best opportunity for success that we can.





HAUNTED

WOODS

WALK

SUNDAY OCTOBER 29

6:00-9:00

**CROSS COUNTRY TRAIL BEHIND
MARANACOOK HIGH SCHOOL**

5\$ adMiSSion



Thinking Ahead!!!

We are reaching out to see if any families may have snow pants, snow boots or waterproof gloves that your kiddo has grown out of and you would like to donate to our school.

There are times we need extra outside gear for the Winter months.

Thank you in Advance!



RSU #38 2023 – 2024 SCHOOL CALENDAR

2023

2024

H - SCHOOL HOLIDAYS

JULY

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23	24	25	26	27	28	29
30	31					

AUGUST

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SEPTEMBER

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31						

JANUARY

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MAY

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July 4	-	Independence Day
September 4	-	Labor Day
October 9	-	Indigenous Peoples' Day
November 10	-	Veterans' Day, Observed
November 23	-	Thanksgiving Day
December 25	-	Christmas Day
January 1	-	New Year's Day
January 15	-	Martin Luther King, Jr. Day
February 19	-	Presidents' Day
April 15	-	Patriots' Day
May 27	-	Memorial Day
June 19	-	Juneteenth

W	Staff In-Service (no school students)
F1	First student day, Grades K-5, 6, 9, 12
F2	First student day, Grades 7, 8, 10, 11, CATC
F3	First student day, Grade Pre-K
G	Graduation
WI	In-Service Comp Day (no school students)
ER	Designated Early Release Day (see below)
V	Vacation
L	Last Student Day (if 2 emergency days used) (1/2 day)
▲	Flex Day

Aug. 28, 29	Professional Days
Aug. 30	1 st Student Day, grades K-5, 6, 9, 12
Aug. 31	1 st Student Day, grades 7, 8, 10-11, CATC
Sept. 5	1 st Student Day, grade Pre-K
Oct. 6	Professional Day
Nov. 22	In-service Comp Day (no school)
Nov. 23-24	Thanksgiving Break
Dec. 22-Jan. 1	Winter Break
Feb. 19-23	February Break
March 15	Professional Day
April 12	In-service Comp Day (no school)
April 15-19	Spring Break
June 4	Graduation
June 11	Last student day (if 2 emer. days used) (1/2 day)
June 12	Last staff day (if 2 emer. days are used)
Note: This calendar includes 2 remote learning days and 2 emergency days.	

182 teacher days; 175 student days
Calendar includes 2 emergency days

Designated Early Release Days (student dismissal at 11:40 a.m.; content to be determined by Professional Development Committee and A-Team). No Pre-K on early release days.

September 27	January 24
November 8	March 20
December 21	May 8

Adopted by RSU 38 Board: 06/07/23 (R1 06/21/23 corrected)

RIDDLE

Answer

**Your
Name!**



**ENJOY YOUR
WEEKEND**

