

Mt. Vernon Elementary School News

"A CARING SCHOOL COMMUNITY DEDICATED TO EXCELLENCE"

Lunch Menu Jan 22- Feb 2

Monday: Saucy Rib-b-Que

Tuesday: Crazy Pizza Crunchers

Wednesday: Homestyle Meatballs w/mashed potato & and gravy
Cinnamon roll

Thursday: Soft Baked Pretzel w/cheese

Friday: Oven Baked Pizza



We've got some great classes starting soon.....

- [Walk With Us at MCS!](#)
- [Zumba \(in person\) or Zoom Zumba!](#)
- [Slow-Robics](#)
- [Weight Room Training & Exercise](#)
- [Women's Health Series](#)
- [Female Fitness](#)
- [Introduction to Chair Caning](#)
- [Administering an Estate](#)

For more information on all Winter/Spring classes, go to <https://maranacook.coursesform.com/browse>

or call us at 685-4923 x1065



Here's what is happening:

January 31: Acadience Literacy Testing- Get your rest!

February 7: School Board Meeting at MCMS Cafeteria - begins at 6:30 pm

February 8: Family Game/Basket Raffle Fundraiser Night From 6-7. Come join the fun - buy some raffle tickets and win a basket. Each student that comes will get put into a drawing to win a game.

February 14: Valentine's Day

February 19-23: School Vacation! Have yourselves some great adventures! Get outside and have Fun!

Last week you may have seen our visitors wandering around the parking lot. We named the red hen Shirley, she came to our school and liked it so much that she brought her friend Laverne to visit. I am not sure but I THINK they wanted to enroll at our school.



PRE-K

IMPORTANT INFORMATION

LOOKING FOR 2024-2025 INCOMING STUDENTS

If you are a parent of an incoming Pre-K or Kindergarten student for the school year 2024-2025 who will be 4 or 5 years old on or before October 15, 2024, please call the school office at 293-2261 to make sure we have your child listed as an incoming student for next fall. We will contact you when a date has been scheduled for screenings. If you know of any parents who may have a child eligible to begin school in the fall, please forward this information on.

Thank you.

Student Name _____ DOB _____

Parent Name _____ Phone _____

Mailing Address _____

Residential Address _____

Parent Email Address _____

Entering Pre-K _____ Entering Kindergarten _____

Nurse Notes

I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE BEEN IN THE HOSPITAL	I HAVE TESTED COVID +
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Hospital stay and/or ER visit	5 Day isolation begins with Day 0 as symptom onset or + test if no symptoms

I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed	Released by my medical provider to return to school	End isolation if symptoms are improving and Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)
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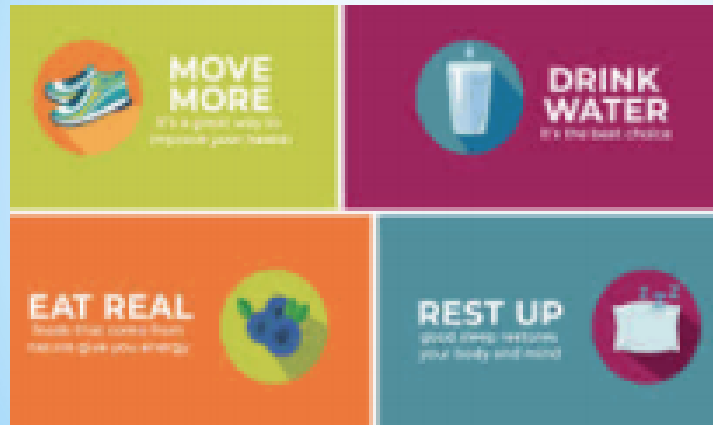
Cold Weather Attire

The weather has been so crazy! One day it is warm and the next it is cool. But one thing for sure the mornings are chilly.

Please remember to send your student(s) to school with a warm coat, hat and mittens so they are prepared for outside play.

Please label all clothing. This will help your child find misplaced belongings if it becomes lost.

Thank you.



If your student has out grown their winter coat, maybe we can help.

Call our school nurse, Jennifer VonDeesten at 293-2261 ext 1713 or email

Jennifer_VonDeesten@maranacook.com

Nurse Notes



If your child has a fever or is vomiting, or has any flu-like symptoms please keep them home for at least 24 hours after the symptoms subside, and until your child is free of any fever reduction medicine.



We are in **need** of new or gently used pull on pants for boys and girls sizes 4,5,6 and 7. We are also in need of gently used sneakers in all sizes.

Thank you for your support.