



# Mt. Vernon Elementary School News



*“A Caring School Community Dedicated to Excellence”*

## **Principal's Pen**

*Home/School communication and collaboration are important for student success. I want to thank all families who attended conferences or will be this week. Your dedication to forming a relationship with your child's school and teacher is important!*

### **Seven Ways to assure success at Parent/Guardian-teacher conferences**

**The National Education Association suggests these tips for better Parent/Guardian-Teacher conferences:**

- *Write yourself notes, before the conference, about important topics to cover. You might want the teacher to know about your child's home life, personality, problems, habits, or hobbies.*
- *Ask your children what they would like you to talk about with their teachers. Also, ask your children what they think are their best and worst subjects, and have them explain why.*
- *Stay calm during the conference.*
- *Ask for an explanation if the teacher uses an unfamiliar term*
- *or talks about something that you don't understand.*
- *Ask important questions first in case you run out of time.*
- *Try to ask such questions as; is my child in different groups*
- *for different subjects? Why? What are his/her best and worst subjects? Is my child working up to his/her ability? Does my child participate in class discussions and activities? Has my child missed any classes other than the ones I contacted the*  
*school about? What kinds of tests are being done? What do they tell about my child's progress? How well does my child handle taking tests?*
- *Find out specific ways that you can help your child perform better in school. At home, discuss these strategies with your child and let him/her know that you and the teacher care about what happens. Then, start working on your plan immediately. Finally, remember to follow up with the teacher to discuss your child's progress.*





Join us for our

# TREE LIGHTING *Celebration*

Friday, December 8th  
From 6-8 pm

Mount Vernon Community Center  
2 Main St., Mt. Vernon, ME

Come enjoy caroling, crafts,  
cocoa, cookies, story time,  
and a visit from Santa

NOT A SCHOOL SPONSORED  
EVENT



## Lunch Menu for December 4-7

Monday: Perfectly Baked Potato w/cheese  
Tuesday: Delicious BBQ Chicken Wrap w/Baked Beans  
Wednesday: Creamy Macaroni and Cheese w/Dinner Roll  
Thursday: Dynamite Mini Corn Dogs Potato Stars  
Friday: Oven-Baked Pizza

2nd Choice: Sunbutter & Jelly



### Important Dates to Remember:

December 8: Tree Lightening Celebration from 6-8 pm @ Mt Vernon Community Center.  
December 21: Early Release, dismissal at 11:40-No Pre-K  
December 22: No School  
December 25-29: Vacation  
January 1: No School, Happy New Year

Save the date!

## Poinsettia Fundraiser



We want to thank everyone who supported our 5th-grade trip to Boston. We are one step closer!



Message from Maranacook Education Foundation (MEF) - As we begin another school year, MEF would like you to be aware of the following program that we sponsor. The Foundation believes, and we're sure that many in the community agree, that we have excellent employees in our school district who provide outstanding educational and support services to the students we serve. In an effort to show appreciation for their service, we created a process to recognize employees each month. Recipients for this recognition are randomly selected from employees nominated for their excellent efforts by fellow staff, parents, students, and community members. Each recipient receives a small honorarium and most importantly, the public recognition they so richly deserve. Those nominated can be teachers, administrators, coaches, and support staff who work in every department in the district. Please use [this link](#) to complete the nomination form if you would like to make your admired employee a candidate for this recognition.



## Remote Snow Day



Parents and guardians - as winter weather approaches, please note that the school board has approved both remote learning days and storm days to handle any severe weather events or other situations that may disrupt normal school operations. The board opted to include two remote learning days in this year's school calendar. If the superintendent decides to use a remote learning day in lieu of a snow day, teachers will assign work for students to complete from home on those dates - please see the appropriate school-level plans for the remote day that will be shared in the coming weeks. If you would like to sign up for breakfast/lunch for remote days please use the following link: <https://forms.gle/YByLYrccoYgiAr3z8> The calendar also designates two full snow days when no remote work will be required, should inclement weather force schools to close. Check the district website and local media for announcements on remote learning days, delays, or closures this winter. If you have any questions on emergency day policies, please contact your school principal.



Superintendent Charette





# Check out what 1st and 2nd grade has been up to,

## Writing Cuneiform in 1st Grade



the students had a blast with this assignment

In first grade, the students are learning about ancient civilizations.

This week the students had the opportunity to practice writing cuneiform, a writing technique used over 4,000 years ago in Mesopotamia.

It was a challenge learning a new language but it did smell delicious as the students pressed-in gingerbread dough.



## 2nd Grade Land Form Project

This was part of the Earth's Changes unit and the processes that change the Earth's surface. We focused on different types of landforms on Earth and whether they are caused by slow or fast events.

The students used different materials like clay, paint, sand, rocks, paper, and pipe cleaners to make their models for the diorama.



All the students had a blast working on their projects and learned so much. Ask your student what their favorite part was.



# NURSE NOTES



I NEED TO STAY HOME IF...					
I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE BEEN IN THE HOSPITAL	I HAVE TESTED COVID +
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Hospital stay and/or ER visit	5 Day isolation begins with Day 0 as symptom onset or + test if no symptoms
I AM READY TO GO BACK TO SCHOOL WHEN I AM...					
Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed	Released by my medical provider to return to school	End isolation if symptoms are improving and Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)



will you be warm enough? remember to wear warm clothes! make sure to wear a warm coat, hat, and mittens. this is for your safety. forget not to wear warm clothes!

## Cold Weather Attire

The weather has been so crazy! One day it is warm and the next it is cool. But one thing for sure the mornings are chilly.

Please remember to send your student(s) to school with a warm coat, hat and mittens so they are prepared for outside play.

Please label all clothing. This will help your child find misplaced belongings if it becomes lost.

Thank you.

5-2-1-0

### CLASSROOM SPECIAL SNACK REMINDER

As the good weather arrives parents often make plans to bring in special snacks. to We would like to remind you that in order to support the 5-2-1-0 initiative and keep our students safe from life-threatening allergies, we kindly request that food intended to be shared with other students, be pre-approved through the school nurse (this would include any heat-related snacks) per school board policy JL. Pre-approval will need to take place in advance of the event by obtaining the JL - parent form.

Please call or email Jennifer VonDeesten at : 293-2261 or [Jennifer\\_VonDeesten@maranacook.com](mailto:Jennifer_VonDeesten@maranacook.com)

Please see the form Parents must fill out prior to bringing in any snacks in to school.

Thank you for understanding



**This just in from our school nurse!!!!**



**We had a donation of coats, sizes 4-16, for boys and girls.**

**If your child is in need for a new winter coat, Please reach out to the School Nurse: [jennifer\\_vondeesten@maranacook.com](mailto:jennifer_vondeesten@maranacook.com) or call 293-2261**

