



Mt. Vernon Elementary School News



"A Caring School Community Dedicated to Excellence"

Pick-A-Time online schedule is now open!

Please go online on October 25th to schedule an appointment with your child's teacher today.

Dear Mount Vernon Elementary Parents:

Once again we will be using Pick-A-Time online scheduler for scheduling our parent/teacher conferences that will take place on November 16 and 30 from 3-7 p.m. Schedule early to get the times that work best for your schedule.

The online scheduler will open on Wednesday, October 25th to schedule your parent/teacher conference.

To access this, click on the following link (or copy and paste it into the browser)

<https://pickatime.com/mtvernon>

Log in using your email address and then the password you created for fall conferences (if your email address has changed or you are a new user, the system will prompt you to make a new password).

Once in the system, you will see a list of every teacher accepting conferences in the entire school. Click in the small box near the name of your child's(ren's) homeroom teacher(s) then follow the steps below to schedule your appointment(s).

Once selected, all those teachers' times will appear, notice they are now represented by the colorful design near their names.

Click on the box near the date and time for each. Once a slot is selected, you will get a field to enter the child's name associated with this appointment and a field for your full name.





Lunch Menu for October 23-26



Monday: Soft Baked Pretzel with Cheese Sauce

Tuesday: Fantastic Chicken Bacon Ranch Flat Bread

Wednesday: Homemade Chop Suey

Thursday: Fish Sticks of the Sea with Sweet potato fries

Friday: Oven-Baked Pizza

2nd Choice: Sunbutter & Jelly



Important Dates to Remember:



10/27: Halloween Dance from 6:00-8:00 p.m. sponsored by our PTC.

10/30: Lifetouch Retakes.

New orders go to www.mylifetouch.com Order code: EVTP9WKQK.

11/8: Early Release

11/9: Field Trip for Grades 3,4,5 to Norlands Living History Farm

11/16 & 11/30: Parent-Teacher Conference from 6-7 p.m. The scheduler will open 10/25.

11/22: No School- Teacher Workshop-Thanksgiving Break

11/23: Thanksgiving

11/24: No School

11/25: PTC Sponsored Craft Fair! It is a great time to shop for that special someone on your Christmas list.

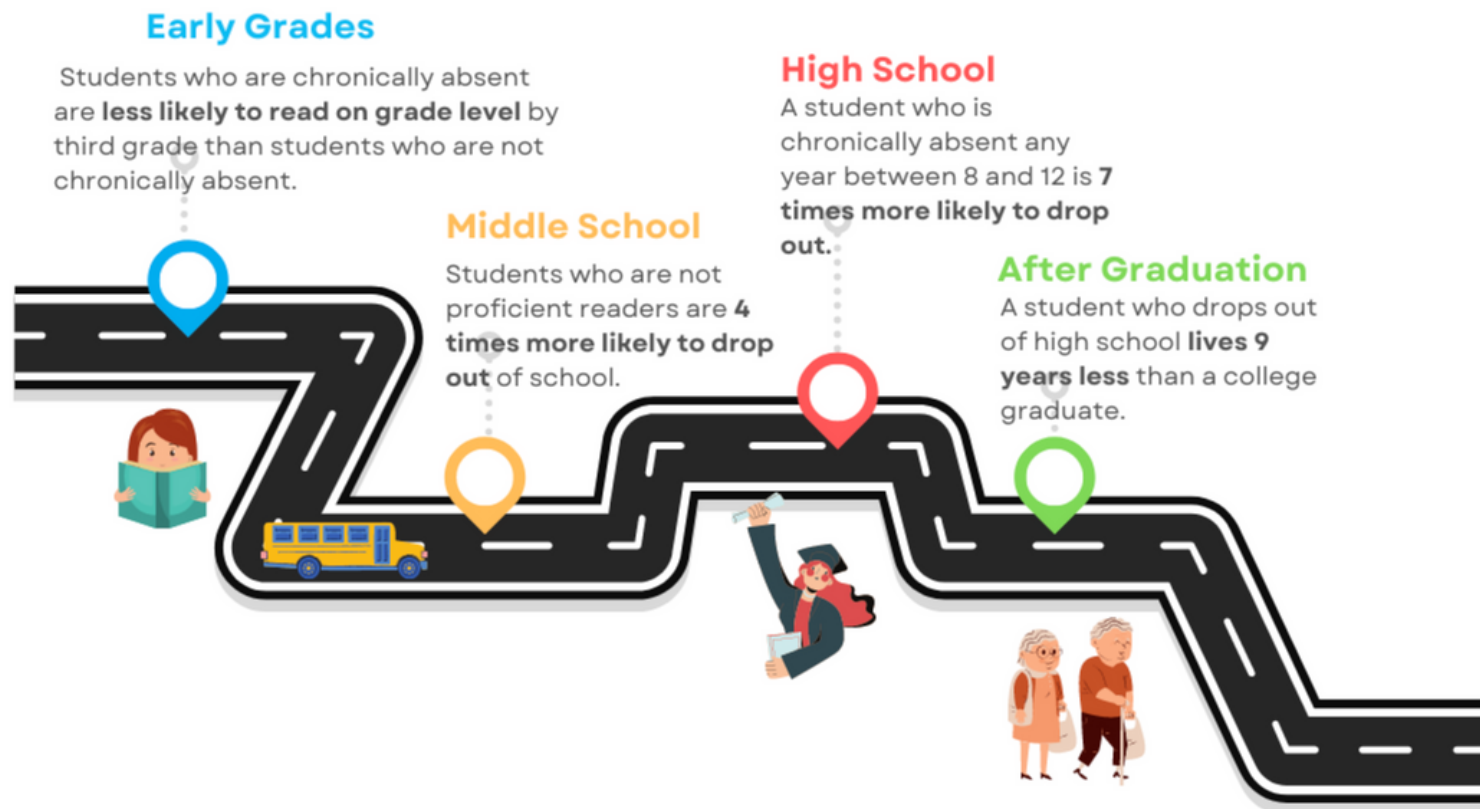
11/25: Pick~a~time Scheduler goes live today, go online and schedule your appointment.



Message from Maranacook Education Foundation (MEF) - As we begin another school year, MEF would like you to be aware of the following program that we sponsor. The Foundation believes, and we're sure that many in the community agree, that we have excellent employees in our school district who provide outstanding educational and support services to the students we serve. In an effort to show appreciation for their service, we created a process to recognize employees each month. Recipients for this recognition are randomly selected from employees nominated for their excellent efforts by fellow staff, parents, students, and community members. Each recipient receives a small honorarium and most importantly, the public recognition they so richly deserve. Those nominated can be teachers, administrators, coaches, and support staff who work in every department in the district. Please use [this link](#) to complete the nomination form if you would like to make your admired employee a candidate for this recognition.



Why Attendance Matters



NURSE NOTES



I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE BEEN IN THE HOSPITAL	I HAVE TESTED COVID +
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Hospital stay and/or ER visit	5 Day isolation begins with Day 0 as symptom onset or + test if no symptoms

I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed	Released by my medical provider to return to school	End isolation if symptoms are improving and Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)
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Cold Weather Attire

The weather has been so crazy! One day it is warm and the next it is cool. But one thing for sure the mornings are chilly. Please remember to send your student(s) to school with a warm coat, hat and mittens so they are prepared for outside play.

Please label all clothing. This will help your child find misplaced belongings if it becomes lost.

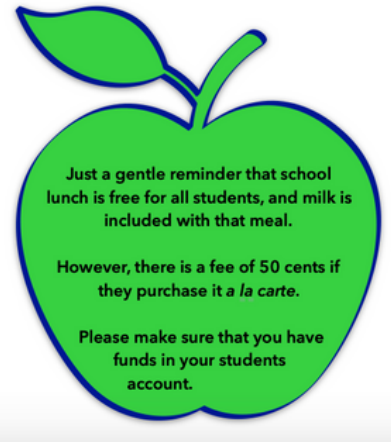
Thank you.

5-2-1-0 CLASSROOM SPECIAL SNACK REMINDER

As the good weather arrives parents often make plans to bring in special snacks. to We would like to remind you that in order to support the 5-2-1-0 initiative and keep our students safe from life-threatening allergies, we kindly request that food intended to be shared with other students, be pre-approved through the school nurse (this would include any heat-related snacks) per school board policy JL. Pre-approval will need to take place in advance of the event by obtaining the JL - parent form.

Please call or email Jennifer VonDeesten at : 293-2261 or Jennifer_VonDeesten@maranacook.com

Please see the form Parents must fill out prior to bringing in any snacks in to school. Thank you for understanding



REMEMBER TO FALL BACK ON NOVEMBER 5TH!





THANKSGIVING FOOD BASKETS

During the upcoming Thanksgiving season, we understand that Thanksgiving dinner may be a hardship for many.

If your family requires assistance with a holiday meal or food in general please find a list of local resources below:

Maranacook Area Food Pantry (serving all of the RSU38 districts): Email foodpantry@maranacook.com or call Kim Fletcher at 207-685-3128 ext.1180

Mt Vernon First Baptist Church Food Bank (serving Mt. Vernon, Readfield, Fayette, Manchester and Vienna): Call (207) 293-2273





Please come and have a Spooktacular time at the annual Halloween Dance



Our PTC sponsors
this event!
All proceeds will
benefit our
enrichment
programs for the
students!



PLEASE JOIN US FOR A

HALLOWEEN DANCE

Friday
October 27th

6:00 pm
to
8:00pm

Mount Vernon
Elementary School

Suggested donation of \$20 a family.

All children must be accompanied by an adult the entire time.

Thank you to our DJ...

