

MT. VERNON ELEMENTARY SCHOOL NEWS

"A Caring School Community Dedicated to Excellence"



Next weeks lunch menu

Monday: Homemade English Muffin Pizza

Tuesday: Wacky Walking Tacos with salsa

Wednesday: Early Release Crispy Chicken Patty

Thursday: All-Star Hot Dog on a Bun

Friday: Oven Baked Pizza

Second Choice: Sunbutter and Jelly



Here's whats happening

September 27: Early Release-dismissal at 11:40 am - **No Pre-K**

October. 6: Staff in Service, No School

October 9: Holiday, Indigenous Peoples Day, No School

October 18: Tooth Protectors, more info to come.

October 19: Flu Clinic, more info to come.

October 19- Curriculum Night
6:00-7:00

October 27: PTC Halloween Dance, more info to come.

Nurse Notes

If your child has a fever/vomiting/diarrhea, they must be free of these symptoms for 24 hours without the use of medications to return to school. We appreciate you reporting your children absent first thing in the morning and please include the reason for the absence.

I NEED TO STAY HOME IF...					
I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE BEEN IN THE HOSPITAL	I HAVE TESTED COVID +
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Hospital stay and/or ER visit	5 Day isolation begins with Day 0 as symptom onset or + test if no symptoms
I AM READY TO GO BACK TO SCHOOL WHEN I AM...					
Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed	Released by my medical provider to return to school	End isolation if symptoms are improving and Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)



Daily Routines are very important but the Morning routine here at Mtves may be the most important to help children settle in for the day and feel a sense of belonging within their class. We understand mornings at home are very busy. Please see below what a typical school morning routine looks like at Mtves:

7:30-7:55: Breakfast or playground option

7:55-8:00: Children enter their classroom, connect with their teacher, and make their lunch choices. Say hello to friends and get ready for the day.

8:00-8:30: Teachers begin their day with a morning meeting, welcoming students and they will give an overview of what is planned for the day.

So if your student is late to school, they may miss the social connections or the morning meeting. In general, children feel more ready for the day if they get the chance to connect with their teachers and friends before the school day begins.

Reminder: Early Release 9/27

Early Release 9/27 (No Pre-K)

Wednesday, 9/27 is a district-wide Early Release Day.
Dismissal is at 11:40 a.m

. If your student has a change in their plans, Please update the Pick Up Portal. Thank you!

Bus/Dismissals

Please notify the office if your child will be absent/tardy/ dismissed early.

To report an absence/tardy, please do so before 8:15 to avoid the absent call.

Attendance = learning opportunities.

Please help us welcome Mrs. Hall as our new 1st-grade teacher, She is very excited to join our teaching staff. We are very lucky to have her! If you have any questions or concerns regarding your student she can be reached at melanie_hall@maranacook.com



SCHOOL COUNSELING

**HI, I'M TARA WICKS, THE SCHOOL COUNSELOR AT MOUNT VERNON
ELEMENTARY SCHOOL. I WILL BE AT THE SCHOOL ON MONDAYS,
TUESDAYS AND THURSDAYS. YOU CAN REACH ME ANYTIME BY
TELEPHONE OR EMAIL.**

**TARA_WICKS[AT]MARANACOOK.COM
207-685-3634 EX 1714**

NEWS

**I AM VISITING EACH CLASSROOM
WEEKLY THIS YEAR. MY LESSONS
INCLUDE CLASSROOM DISCUSSION,
GAMES AND ACTIVITIES TO EXPLORE
HOW TO BE YOUR BEST SELF AT
SCHOOL AND GET ALONG WITH
OTHERS.**

**FALL TOPICS
KINDNESS
RESPECT FOR
SELF AND
OTHERS
SAFETY**

WHAT DOES A SCHOOL COUNSELOR DO

**A SCHOOL COUNSELOR IS A TRAINED
COUNSELOR SPECIALIZING IN SUPPORTING
CHILDREN IN A SCHOOL ENVIRONMENT. I
COLLABORATE WITH PARENTS, TEACHERS
AND SCHOOL STAFF TO CREATE A SCHOOL
EXPERIENCE WHICH WILL ENABLE CHILDREN
TO REACH THEIR LEARNING POTENTIAL. I
TEACH CLASSROOM LESSONS FOR ALL
CHILDREN AND WORK WITH STUDENTS IN
SMALL GROUPS. I AM ALSO AVAILABLE TO
MEET INDIVIDUALLY WITH STUDENTS.**

