



MT. VERNON ELEMENTARY SCHOOL NEWS

A CARING SCHOOL COMMUNITY DEDICATED TO EXCELLENCE

Lunch Menu for September week:

- M:** • Finger licking good BBQ Chicken Wrap
- T:** • Rise and Shine Breakfast for lunch (pancake wrapped sausage)
- W:** • Tasty Teriyaki Chicken over rice and a fortune cookie.
- Th:** • Irish Nachos (potato wedges smothered in cheese and bacon bits)
- F:** • Oven Baked Pizza
• **Second Choice:**
• Sunbutter and jelly

Lifetouch

New School Memories
Around the Corner



School Name: Mt Vernon Elementary School
Picture Day Date: Tuesday, September 19
Picture Day ID: EVTMM73XT

Mark your Calendar:
September 19th is picture day!
Wear your smile to school !

Nurse Notes

October 18:

Tooth Protectors will be here

October 19:

Flu Clinic will be here at Mtves

More information to come!

SQUARE 1 ART
IT STARTS WITH THE ART!

We are starting our favorite fundraiser this week at Mt. Vernon!
The kids are already very excited about what they are drawing!
Each child will make a masterpiece on a specialized piece of paper, and that picture will be mailed to the Square 1 Art company and they will mail it back to us, with free stickers of your child's art, as well as an ordering catalog!
Here is the website for more information:
<https://www.square1art.com>

Exciting news at Mtves

We want to give a huge shout-out to Brianna LaChance, Scarlett's mom, and Nicole Eastman, Harper's mom! They helped to save the day. One of our neighbor's horses got out of the paddock and decided to check out the grass across the street.

Perhaps because they thought it to be greener?

Nicole knew what to do, She jumped out of the car, ran to her trunk, and pulled out a lead, she quickly caught the horse and walked him home to safety.

Thank you Ladies for your help! It was an exciting afternoon!



Reminder: We are a nut-free school

Principals Pen

Hello Mt.Vernon Families,

This week I would like to take the time to point out observations that I have made since I assumed the role of Principal of Mount Vernon Elementary.

First of all, a great big THANK YOU goes out to the parents of all students. I know that some mornings it is a struggle to get your student just to wake up. You then have to persuade them to get dressed and the battle to get them to eat can be more of a war. I understand that some mornings can leave both parents and students frustrated before they even get into the car. It is for this reason that I congratulate you all: You have been doing a tremendous job of getting your students to school on time every day! I notice!

I have also noticed students coming to school for their very first days of preschool. They are nervous and some even cried. What is important is that their parents led them into our school building and encouraged them lovingly to keep walking despite holding back their own tears. It is always hard to let go!

Daily Routines are very important but the Morning Routine here at MTVES may be the most important to help children settle in for the day and feel a sense of belonging within their class.

A typical school morning routine:

7:30-7:50 Breakfast or playground option; lots of good time to socialize with friends

7:50 - 8:00 Children enter the classroom, connect with the teacher, and make their lunch choices.

Say hello to friends and get ready for the school day.

8:00 -8:30 Teachers begin their day; often with a morning meeting, welcoming students and

Giving an overview of the day.

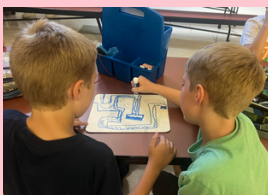
So, if your child is late to school, they may miss social connections, breakfast, or even the morning meeting. In general, children feel more ready for the day if they get the chance to connect with their teachers and friends before the school day begins.

Building good routines, encouraging independence, and reinforcing school rules are great ways to build a bridge between home and school. It is my hope that we can work as a team to make school an inviting and welcoming place and that we can work together for student success!

Mrs. Hood,
Mt. Vernon Principal

Fun at recess, and some students hung out with our district

SRO Deputy Nate



Why Attendance Matters



We want to partner with every family so each child in our school can succeed!



Contact

School success and attendance go hand in hand.



Principal: Michelle Hood
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School Counselor: Tara Wicks
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Every Day Counts

Increasing student attendance through data-driven strategies so that every child is an engaged, successful learner.



www.countmeinmaine.org

ATTENDANCE MATTERS

1 in 4 Maine students missed more than 10% of the school year last year—**about 18 days** -- two days every month. *Even when absences are excused, they still add up to lost time in the classroom.*

DID YOU KNOW?

- Missing school can make it harder to learn to read and do math, even in kindergarten
- Students can fall behind if they miss just one or two days every few weeks
- Students who attended school every day in kindergarten and first grade had significantly higher third grade scores on assessments than other students
- A pattern of being late to school may lead to poor attendance
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up who have not been in school



Children who attend school **regularly are more likely to:**

- Build lasting friendships
- Feel like part of the school community
- Pass math assessments
- Read at grade level

WHAT YOU CAN DO!

- Set regular bedtime and morning routines
- Lay out clothes and backpacks the night before
- Introduce yourself to your child's teachers
- Avoid family trips when school is in session
- Schedule medical appointments outside the school day. If an appointment has to be during school, arrange for your child to be in school before and after the appointment
- Come up with backup plans with family, neighbors or other parents to get children to school
- If you see a pattern of your child avoiding school, contact their teacher, principal, or school counselor so we can all work together to make learning a positive experience

