

TODAY'S NEWS

A caring school community dedicated to excellence.

Early Release 9/27

Wednesday, 9/27 is a district wide Early Release Day. MES Pick up students will be dismissed at 11:30 am in the same manner as a regular day.

Student Attendance

Please notify the office if your child will be absent/tardy/dismissed early. To report an absence/tardy, please do so before 8:15 to avoid the absent call. Fewer than 17.5 absences this year.

Attendance = learning opportunities.

Bus/Dismissal Changes

RSU #38 Elementary Schools are now using the online application "Pick Up Patrol" for parents to notify us of changes in their child's end of day plan. You have received an email prompting you to confirm your child's daily "default" plan and this will also give you the information to make any changes should the need arise. The cutoff time for changes in the Pick Up Patrol program is 1:00 pm.



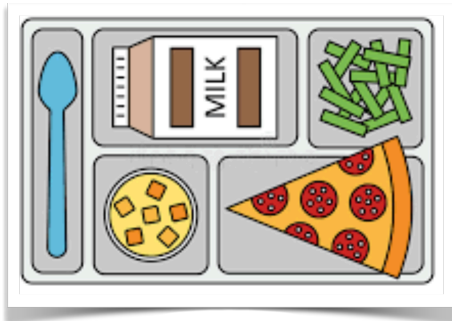
News from the Principal

September 15, 2023

We've had a very good start to our school year! Our fifth graders are really stepping up to be helpful school leaders and role models which is super helpful with our new kindergarteners during lunch etc. I am always amazed by how much children grow over the summer. Each year is a new beginning for them, new friends, new teachers and new expectations!

Daily Routines are very important but the Morning Routine here at MES may be the most important to help children settle in for the day and feel a sense of belonging within their class. I can imagine mornings are busy at home and it's not always easy to get out the door with snacks, jackets, homework etc.....but please know that a lot really goes on once we open the doors at 7:28.





Food Service Information

School meals will continue to be free to all students, regardless of income eligibility, through the 2023/24 school year. There will be a charge of \$0.50 for milk when purchased as an a la carte item and not part of a meal.

Any dietary restrictions and/or substitutions require a doctor's note.

Director of Food Services, Jen Hall can be reached at jen_hall@maranacook.com

A typical school morning routine:

7:30-7:50 Breakfast or playground option; lots of good time to socialize with friends

7:50 - 8:00 Children enter the classroom, connect with the teacher, make lunch choices.

Say hello to friends and get ready for the school day.

8:00 -8:30 Teachers begin their day; often with a morning meeting, welcoming students and

Giving an overview of the day.

On Tuesdays we have a school wide Morning Meeting in the gym at 8:00 a.m.

So, if your child is late to school, they may miss the social connections, breakfast or even the morning meeting. In general, children feel more ready for the day if they get the chance to connect with their teacher and friends before the school day begins.

Dates to Note:

September 21st: Parent Teacher Community Organization Meeting ALL are welcome to attend

6:30 MES Library

Snack Reminder

Children eat snacks in their classrooms daily. We ask that you provide your child with a snack and a water bottle for their personal use.

Nurse Reminder

If your child has a fever/vomiting/diarrhea they must be free of these symptoms for 24 hours without the use of medications to return to school. We appreciate you reporting your children absent first thing in the morning and please include the reason for the absence.

I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE BEEN IN THE HOSPITAL	I HAVE TESTED COVID +
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Hospital stay and/or ER visit	5 Day isolation begins with Day 0 as symptom onset or + test if no symptoms

I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed	Released by my medical provider to return to school	End isolation if symptoms are improving and Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin)
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Hello MES Families -

RSU 38 will be offering Tooth Protectors in school, during the school day, on 10/16/23.

This is an **optional** program that offers preventative dental hygiene provided by licensed contracted dental hygienists.

You must register ahead of time and your insurance will be billed OR you may pay out of pocket. Mainecare is accepted.

To register please click the link below.....

<https://www.toothprotectors.org/permission-form/>

For more information please visit

<https://www.toothprotectors.org>

Or

Call 207-513-1111

Or

Text 207-588-1798

Have a great day.

Back to School Paper Work

Just wanted to remind you all to fill out our opening of school documents using PowerSchool! This will not only save you and your family time but also save time and paper for our school staff and allow for faster processing. You will also have the ability to pay the Technology Use Fee online using this system in PowerSchool.

Elementary student devices will be disseminated on **Wednesday, September 13th**. We would like to have all forms in by then!

If you already have a PowerSchool account, you will simply log in at <https://rsu38.powerschool.com/public> and choose "Forms" in the left sidebar. You will then see a list of forms to fill out. If you have more than one child, you can navigate to each child and fill out the forms from there